Krystal Herrera

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?
    a. I was able to see a whole different group of people than I am used to seeing, it was more underprivileged kids and I really liked it because I got to see how these kids navigate through school.
2. How has your view of the school nurse role changed?
    a. I really enjoyed getting to follow my school nurse because she was an amazing teacher, I used to think it was an easy job but after my experience I realized that she does so much more than put band-aids on kids like I had assumed.
3. What surprised you about the school nurse experience?
    a. I was surprised about how many kids actually do go in to see the nurse for all kinds of things, some were just trying to get out of class too.
4. What did you observe during your time there?
    a. I got to see multiple kids go in and take their scheduled medications, such as Ritalin and a few kids would go in to use their inhaler before gym class. She let me watch her do a scoliosis screening and a hearing and vision screening which was cool to see in person.
5. How was your experience different from what you expected?
    a. It was different from what I expected because it wasn't just give them a band-aid or cough drop and send them on their way. My nurse still did assessments and asked questions she could try to figure out what was going on. She also did a lot of documenting which I also was surprised to see.
6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?
    a. I saw that a lot of these kids at this particular school don't really have a stable home life, and not all of them, I guess a lot of the ones we saw in particular. I saw that a lot of them are not really compliant with taking home meds, so my nurse did teaching and told them how important it is to stay compliant with taking their medications.
7. Please list two developmental stages related to the population that you observed.
    a. One developmental stage I saw was the "Genital Stage" in Freud's Psychosexual Theory, I got to see a girl who was very worried about just getting in and out so she could hang out with her friends, and they would wait for her outside the nurse's office so we kind of had to tell them to go class.
    b. Another developmental stage I saw was Kohlberg's Theory of Moral Development, the "Law and Order Orientation", I saw a kid make sure he had his nurse pass before going to see the nurse so he wouldn't get into trouble, he kind of had all his ducks in a row before he actually saw the nurse.