

Covenant School of Nursing Reflective Practice

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Instructional Module: U

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<p>Step 1 Description</p> <p>I spent the day in L&D caring for a laboring mom with severe pre-eclampsia. The patient was 36 weeks gestation with a baby girl on magnesium sulfate. The baby was oblique when we did an ultrasound. The provider ended up recommending a c-section. We did not even try to get baby to turn.</p>	<p>Step 4 Analysis</p> <p>I think that patients, in this situation, are not always given all the information. I think it is important for patients to know all their options before making a decision. In the end, she may have had to have a c-section anyway, but she deserves a full option. I just think the provider, knowing that the patient preferred a vaginal birth, should have given more options, she deserved to be able to try.</p>
<p>Step 2 Feelings</p> <p>I was frustrated with the physician for jumping straight to a c-section. I could tell that the patient didn't want this, but she wasn't given a choice. I could see the nurse didn't think we were ready for a c-section yet. The provider didn't leave any room for the nurse to advocate. I wish the patient had not been pushed.</p>	<p>Step 5 Conclusion</p> <p>I feel like there wasn't a good, respectful way to disagree with the provider. The nurse could have told the patient that we could try the peanut. However, I don't think it would have been well-received after talking to the provider. It is possible that the nurse could have started trying to get the baby to turn before the provider came. The baby was harder to find, so the nurse didn't realize.</p>
<p>Step 3 Evaluation</p> <p>The baby still looked stable. I was disappointed that the provider pushed her to a c-section. The provider also seemed very preoccupied with her schedule for the day, even in the patient's room. I wish there had been a respectful way to give the patient the option of trying to turn the baby. She was very upset about a c-section.</p>	<p>Step 6 Action Plan</p> <p>As a nurse, I will always advocate for my patients. In this case, I don't think there was a safety issue. However, in the event of a safety issue, advocacy is important. The provider also used a lot of medical terms that the patient had questions about after. I will always try to be available to clarify education for patients.</p>