

Covenant School of Nursing Reflective Practice

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Instructional Module: *6*

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<p>Step 1 Description</p> <p>I was able to take part in a scheduled C-section. Patient was scheduled due to a history of 4th degree tear as well as hemorrhaging. I participated by taking pictures for the couple.</p>	<p>Step 4 Analysis</p> <ul style="list-style-type: none"> • Dr. Zavala offered the C-section due to her hx and the emotional trauma surrounding it. Luckily I was in the office when Dr. Zavala provided C-section information as well as research as to why a C-section would be a valid to offer the section. With the patients history the C-section provided the best outcome for all.
<p>Step 2 Feelings</p> <ul style="list-style-type: none"> • I felt excited to be able to be a part of this family's journey. • It was strangely triggering but not in a bad way. The event reminded me of my C-section. The family dynamic was exactly what mine used to be. I spent the rest of the day reflecting on my birthing journey. 	<p>Step 5 Conclusion</p> <p>Nothing could have gone better. The father of the child was still able to be a part of the birth. Pictures were taken on the patients phone, a tear was avoided, and patients anxiety was decreased.</p>
<p>Step 3 Evaluation</p> <ul style="list-style-type: none"> • Everything went according to the plan. although we were ready for any possible outcome. Blood was on standby for mom especially b/c of her hx. • Everyone on the case worked well and quickly together. • The patient was spoken to and educated throughout the whole process 	<p>Step 6 Action Plan</p> <p>The case was handled appropriately by all staff members.</p>