

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?
 - a. My views on kids or in elementary population have changed. I always thought the worst scenarios in kids this age but it was not that bad and I get to enjoy them coming in and acknowledging their concerns.
2. How has your view of the school nurse role changed?
 - a. It is so heartwarming to see school nurses get to build a good relationship with the students.
3. What surprised you about the school nurse experience?
 - a. As a kid I almost never go to my school nurse and ask for anything. But it surprises me to see there are a lot of students who wants to be there (some want to be there just to skip class, and the school nurses know, but in my mind even for just a moment it is good to have a little break from the busy schedule in school, it can be overwhelming).
4. What did you observe during your time there?
 - a. I observed certain kids who comes in often. There are kiddos who comes in with minor sickness but nurses know they exaggerate it sometimes to skip a class. There's this certain kid who came in just to say he made a 100 on his test and that just warmed my heart. The kid was in no relation to the nurse but the bond was clear enough to see that they were close. After the kid left, the nurse explained that he was a foster care child and there are times she noticed that the foster care parent wasn't really close to him or does not pay attention to him. I know for sure she made a difference to that child by just being attentive to him and being a kind role model for him.
5. How was your experience different from what you expected?
 - a. I expected it to be so slow and boring (which they said sometimes it can be). But I had a lot of fun today and time went by so fast.
6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?
 - a. It is so sad to hear that kids at this age have been taking a lot of anxiety medications and some are in mood stabilizers. I've been hearing it a lot in high school kids but I wasn't aware in elementary there are a lot of them taking it. As a kid I always enjoyed coming to school and being with my friends. Exams does give me anxiety but not the school itself.

7. Please list two developmental stages related to the population that you observed.
 - a. Erikson's Psychosocial development (Industry vs. inferiority)
 - b. Piaget's Cognitive development (Concrete operational)