

Covenant School of Nursing Reflective Practice

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

Step 1 Description

My patient was admitted with the diagnosis of urosepsis from an untreated UTI. He came to the ED experiencing chills, N/V, fever, and confusion. His history includes hypertension and a CVA that occurred 3 months prior. He currently lives at an assisted living facility. He is admitted to the med surg unit to receive antibiotic treatment.

Step 4 Analysis

The elderly are more prone to UTI's, especially those living in nursing homes who require care from others.
The patient may not have known which signs and symptoms to report.
The caregivers also did not recognize the cues sooner.

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<p>Step 2 Feelings</p> <p>I was feeling confident reviewing the lab values and determining which medications to give and not give. I felt that it went smooth and I was able to complete the tasks in a timely matter. I was also able to talk to my patient and educate on why I was giving each med and why I was having to hold the other two medications. The patient was having some confusion so I made sure he knew what I was doing at all times.</p>	<p>Step 5 Conclusion</p> <p>We can better manage future similar situations by recognizing the signs and symptoms sooner and getting medical help. May want to re-educate the caregivers at the assisted living facility to assess for dysuria, hematuria, extreme fatigue, back pain, and decreased urine output.</p> <p>During CPE I failed to place the call light near the patient, which could have resulted in a serious injury/fall.</p>
<p>Step 3 Evaluation</p> <p>During CPE, I was able to critically think through my scenario, review my patients chart, and determine which medications to administer. I administered Levaquin for his infection and acetaminophen for his fever and mild pain. I held the lisinopril and clopidogrel because the BP and PLT count were too low to give. I contributed to my patients care by prioritizing his needs and having a plan before introducing myself to the patient.</p>	<p>Step 6 Action Plan</p> <p>Overall I learned how to prioritize my patients plan of care. I realized how important it is to get treated for a UTI as soon as possible and how serious the outcome may be if left untreated. I can use what I learned today for the future by recognizing the cues and acting on it as fast as I can. The main goal is to start thinking of discharge plans for each patient as soon as they are admitted.</p>