

Meredith Edwards

Final Clinical Reflection

April 23, 2023

As I come to the end of my preceptorship, I find myself thinking of what a great experience this past 6 weeks has been. I have experienced an array of emotions, from joy to defeat. I have been able to put theory into practice and sharpen my skills. Although I still find myself nervous often, I also find myself wanting to move past my nerves and become a confident nurse. I still have a ton to learn but I am getting there and this preceptorship has been extremely helpful. In the past several weeks I have been able to be part of everyday medical needs and emergencies. My favorite moments in the free-standing ED are the ones that are more emergent. I was able to assist with many stitching situations and I am always impressed by the doctor's stitching ability. One particular physician stood out to me with not only his stitching, but also his bedside manner with the patient. The physician completed his numbing on the laceration and began to stitch, unfortunately one area of the laceration was not completely numb. The patient unfortunately felt this stitch, and the physician's response was very humble and kind. I appreciated seeing a physician with such kindness and an ability to show compassion. I spent my time during this procedure comforting the patient and his parents. The laceration on the posterior of his head was deep and an intense situation for this family. This situation will stay with me through my career for many reasons.

I am very grateful for my preceptor, Rebecca. She is calm, cool and collected at all times and we are a great combination of nursing. She is full of knowledge and calm, and I am full of energy and nerves. She has been very helpful to me in the way she gently teaches me different skills and charting. She has greatly helped me with improving my skills with IVs and is always very encouraging whether I am successful or not. One shift Rebecca and I were really put through the ringer and she handled it with grace. I continued to follow her lead and help in anyway I could. I admired her confidence and ability to

stay calm through a lot of complicated situations and critical patients that we faced this day. Rebecca has a remarkable ability to not be shaken by intense situations. I have accepted a position with the free standing ED and I am fortunate enough to have Rebecca as my mentor. I am blessed by this opportunity and looking forward to what this new journey holds.