

**Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day****Student Name: Savannah Thoams****Date: 4/19****Patient Allergies: etomidate, sulfa antibiotics****Primary IV fluid and rate: INT****Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): n/a**

| Generic Name              | Dosage with route and schedule | IVP-List diluent solution, volume, and rate of administration<br>IVPB- List concentration and rate of administration | Patient specific therapeutic reasoning | Patient specific teaching with reasoning   |
|---------------------------|--------------------------------|--|--|--|
| Cyclobenzaprine           | 5mg PO<br>TID                  |  | Muscle relaxant and pain management    | <ol style="list-style-type: none"><li>1. Call before getting out of bed (can cause dizziness)</li><li>2. Report any new or worsening heart palpitations (can cause arrhythmias)</li><li>3. Report feelings of agitation, confusion, or hallucinations (can cause serotonin syndrome)</li></ol> |
| Enoxaparin                | 60mg/0.6mL<br>SQ BID           |  | Blood clot prevention                  | <ol style="list-style-type: none"><li>1. Monitor platelet count (keep above 100)</li><li>2. Report signs of hematoma (can cause an epidural or spinal hematoma that can lead to permanent paralysis)</li><li>3. Avoid NSAID use (can potentiate bleeding effects)</li></ol>                    |
| Hydrocodone-acetaminophen | 5-325mg PO<br>Q4 PRN           |  | Pain management                        | <ol style="list-style-type: none"><li>1. Report shortness of breath (can cause</li></ol>   |

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|            |                              |  |                         |  |
|------------|------------------------------|--|-------------------------|--|
|            | moderate-severe pain         |  |                         | <ul style="list-style-type: none"> <li>respiratory depression)</li> <li>2. Call before getting out of bed (can cause hypotension)</li> <li>3. Report abdominal pain, nausea/ vomiting, or dizziness (can cause adrenal insufficiency)</li> </ul> |
| Metoprolol | 25mg PO daily                |  | Hypertension management | <ul style="list-style-type: none"> <li>1. Report changes in behavior (can cause depression)</li> <li>2. Call before getting up (can cause hypotension)</li> <li>3. Report new or worsening rash (can cause pruritus and rash)</li> </ul>         |
| Tramadol   | 50mg PO Q6 PRN moderate pain |  | Pain management         | <ul style="list-style-type: none"> <li>1. Report shortness of breath (can cause respiratory depression)</li> <li>2. call before getting out of bed (can cause dizziness)</li> <li>3. avoid scratching skin (can cause pruritus)</li> </ul>       |
| Warfarin   | 5mg PO once                  |  | Blood clot prevention   | <ul style="list-style-type: none"> <li>1. report any serious falls or bruising (can cause unusual bleeding)</li> <li>2. report serious illnesses such as diarrhea (can</li> </ul>  |

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|  |  |  |  |   |
|--|--|--|--|---|
|  |  |  |  | potentiate bleeding)<br>3. avoid scratching skin (can cause rash and pruitus) |
|  |  |  |  |   |
|  |  |  |  |   |
|  |  |  |  |   |
|  |  |  |  |   |

Medication reference:

Merative US L.P. (2022). *Micromedex Drug Reference*. (Version 3.0.0) [Mobile App]. Apple App Store.

<https://apps.apple.com/us/app/micromedex-drug-reference/id666520138>

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