

## **Child & Adolescent Disorders Activity Answers**

### Autism Spectrum Disorder (ASD)

Difficult to assess for pain  
Early Childhood Intervention  
Limited facial expression  
Gluten-free/casein free diet  
"Stimming"  
Echolalia  
Temper tantrums  
Antipsychotic medications  
Absent or delayed speech  
Hippotherapy  
May use gestures, i.e., grunting  
Melatonin for sleep  
Applied Behavior Therapy (ABA)  
M-CHAT

### Attention Deficit Disorder (ADHD)

Psychostimulants  
Interrupts others  
May need verbal & written instructions  
Difficulty completing tasks  
May have difficulty following instructions  
Talks excessively  
Difficulty sitting still  
At greater risk for injury

### Oppositional Defiant Disorder

Do not see themselves as defiant  
Explosive angry outbursts  
Anger management classes  
Seeks revenge  
See their behavior as a response to unreasonable demands  
Blames others for disagreements

### Conduct Disorder

Vandalism  
Breaks the law  
Demonstrates a lack of remorse  
Bullying  
Antipsychotic medications  
Mood stabilizers

### Gender Dysphoria

A strong dislike of their sexual anatomy

Puberty blockers

Incongruence between experienced and assigned gender

Incongruence between experienced gender and secondary sex characteristics

### Depression

May be temporary & precipitated by a traumatic event

Substance use

Decrease in school performance

Selective serotonin reuptake inhibitors (SSRI's)

Weight loss or weight gain

Disinterest in previously enjoyed activities

Hopelessness

Desire to be alone