

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Patient was admitted for Acute and Chronic Respiratory Failure, Hypoxia, and Acute Pulmonary Edema. At 0900 Pt was awake/alert and answered questions without hesitation. Positive and calm effect noted. Pt was calm/relaxed and interacted with staff appropriate.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Mental status: awake and oriented to person, place, time, and event. Pt followed simple commands. Pt showed responsive facial expressions. Pupils round and reactive. Pt showed strong muscle strength bilateral.

Comfort level: Pain rates at 0 (0-10 scale) Location: N/A

Psychological/Social (affect, interaction with family, friends, staff)

Positive affect noted, interacted with staff appropriately, and had family at bedside. Pt was responsive and friendly.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Eyes: sclera white. Pupils: right and left round and reactive to light, both 3mm diameter. Ears: no masses, lesions. Nose: no discharge. Trachea: midline. Throat/mouth not observed.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Auscultation: clear with inspiration and expiration. Respiratory rate: 14. Pt showed no distress with respirations. NC at 2L/min.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Auscultation: S1 and S2 heard in all four locations. No extra sounds or murmurs heard. Radial and Pedal pulses were 2+ and equal.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to

palpation) Inspection: flat with no signs of scars, wounds, or drainage. Auscultation: active bowel sounds X4. Palpation: soft, no tenderness, masses, or guarding.

Last BM April 15th

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Patient voids on his own. Urine Appearance: clear and yellow.

___ **Urine output** (last 24 hrs) 750mL LMP (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Muscles firm and defined. Full ROM. No deformities. Full flexion and extension. Gait steady.

Skin (skin color, temp, texture, turgor, integrity)

All extremities pink, warm, and intact. Did not observe skin turgor.

Wounds/Dressings

Pt had peripheral INT IVs located on Right hand and Left wrist. Both sites were without redness/swelling and dressings were intact.

Other

N/A

Adopted: August 2016