

- **Instructions**

CLICK on the following link to watch the YouTube video entitled “Claire: The Documentary” <https://www.youtube.com/watch?v=jfqtOTwUcKE>

After watching the video, write a minimum of one-page reflection (11-point Arial or Calibri font, double-spaced) that includes responses to the following questions.

Submit your reflection to the Pediatric Asynchronous Dropbox no later than April 14, 2023, by 1700.

1. How did you feel throughout the time that you were watching the video?
2. Give a description of Claire’s condition and identify the main problems that you identified?
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?
4. What specific nursing interventions would you want to take into consideration to provide for this patient’s unique care needs?
5. What other members of the care team should you consider important to achieving good care outcomes?
6. What financial challenges did this family face because of Claire’s condition?
7. What did you learn from this experience?
8. How will you apply what you learned by watching this video to your clinical practice?
9. Are there other significant words that Claire or her mother shared that impacted or inspired you?
10. Is there anything else you would like to include in your reflection of this experience?

Initially I felt sympathy for her, being in that situation. Then as the video progressed, I started having a mixed feeling of sadness and happiness. Sad that she was in that sick position. Happy because even though she was sick, she still tried to live her life and make the best out of the situation by trying to inspire and positively impact the lives of other children with Cystic Fibrosis. I shed tears towards the end of the video, when she got sicker, and it becomes more difficult for her to be able to do what she loves doing. I cried at the end of the video when I realized she died, just after getting new lungs.

Claire had Cystic Fibrosis, a genetic condition which affects a protein in the body and the faulty protein affects the body's cells, tissues, and the glands that make mucus and sweat. Claire was constantly in the hospital, with oxygen tube, and coughing persistently with phlegm. She was short of breath, wheezing and exercise intolerance due to the deterioration of her lungs and drop in her oxygen saturation.

Clinical manifestations could be in the form of a persistent cough that produce thick mucus, decrease in oxygen saturation, exercise intolerance, repeated lung infections, difficulty putting on weight, short of breath and wheezing. The mucus produced becomes thick and sticky, plugging up tubes, ducts, and passageways, which can lead to the reduction of oxygen that gets to the cells.

Some of the nursing intervention could be providing support, providing information on available resources, promoting measures to remove pulmonary secretions, maintain adequate oxygenation, encouraging intake of adequate of fluid and dietary, encouraging adequate nutrition and preventing complications.

Claire was always in the hospital, spending several weeks, which would cost lots of money. The parents must be full-time employee to be able to deal with the cost of medications, hospital bills and being a full-time employee will deprive them time to be able to constantly be with Claire in the hospital. Apart from the financial challenge the family faced, they also battled with time and emotional challenge.

I was able to learn that you can become an instrument of hope and positively impact other people's lives regardless of your position.

By remembering that being a disable does not make that person less human being. And also by treating people the way I would like to be treated.

A person should not let their disease/sickness define them.

We should always give thanks to God and live a life that will glorify His name.

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