

1. How did you feel throughout the time that you were watching the video? I was crying to see how much spirit and love she expressed to herself and to others throughout the course of her life. Living the time to the maximum without regrets.
2. Give a description of Claire's condition and identify the main problems that you identified? Claire was born with cystic fibrosis. It is a genetic condition that causes overproduction of mucus/thick secretions causing respiratory distress. This condition slowly causes the organs and other body functions to fail. She needed to have medication regimen, HHN, continuous oxygen, and nutrition to sustain her condition at least five thousand calories per day. Episodes of shortness of breath also throughout the day.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Her shortness of breath and persistent productive cough made her tired. The overproduction of the secretions/mucus complicated the lung perfusion and oxygen needed to help the body have good circulatory.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Medication regimen followed as directed by physician. Safety with equipment due to weakness to prevent falls.
5. What other members of the care team should you consider important to achieving good care outcomes? The team members to consider important are her parents, nursing team, respiratory, and physicians treating her.

6. What financial challenges did this family face because of Claire's condition? They had challenges of money. They felt guilty of not been there when she was hospitalized because they had to work to pay bills and provide for her medical needs.
7. What did you learn from this experience? Her willingness to teach others that life is not bound to just pity a person because they are ill or have a disability but rather thrive to live a full life knowing that anything is possible even when the odds are against you. Taking life challenges or defeats brand a person that that is it but get up and keep on living since God has a purpose for all of us. We just need to let our light shine.
8. How will you apply what you learned by watching this video to your clinical practice? I would start by being a good non-judgmental listener, stay humble and teach others that we all are beautiful, showing empathy to them regardless of condition.
9. Are there other significant words that Claire or her mother shared that impacted or inspired you?

It stuck with me what Claire said, "spending time running away from your suffering if you blame it on circumstances. Wisdom of how the reason she wanted to have life to help others that wanting to be healthy for herself benefit inspired me she was not selfish.
10. Is there anything else you would like to include in your reflection of this experience? This video is a great example of how God's grace and will transforms a person to becoming his vessel to deliver hope, love, and tranquility to others regardless of what they are experiencing.