

Whitney Williams

Pediatric Asynchronous Assignment

Let me first begin by saying "Claire: The Documentary" was a heart touching video and throughout the entire time I was watching it, I had a smile on my face, until the end of course. Claires attitude was so positive and inspiring, with everything she endured she remained so strong. It was a perfect example of "there's always someone out there doing worse than you are." I admired her strength and her willingness to be a voice and role model for other people that may have Cystic Fibrosis or any other terminal disease. Cystic Fibrosis is a genetic disease, caused by an overload of mucus that accumulates in the body and causes the organs to malfunction. The main problem I identified from watching the video was the effect it had on her lungs, she wore continuous O2 and was in and out of the hospital for respiratory issues. Her day also consisted of multiple breathing treatments and tons of medications. Some noticeable clinical manifestations included: Chronic cough, nasal congestion, and Fatigue at times, all though she had energy and strength most days to be the advocate that she was, I could tell when she was tired. Nursing interventions should consist of monitoring for respiratory distress, improve breathing by administering oxygen as ordered, plan nursing and therapeutic activities. Teach pt to exercise and help loosen the thick mucus. Prevent infection, and maintain adequate nutrition, because like Claire mentioned in her video a CF pt should consume about 5000 calories a day because malnutrition is common with the disease. Reducing the child's anxiety and providing family support should all be duties of the nurse. Some members of the Care team may include, Respiratory therapist, MD, Nursing team, Dietician, and Physical therapy team and they would all play a large role in achieving good care outcomes for the pt. It was obvious that Claires family experienced financial challenges from the numerous hospital stays and surgeries that Claire had over the years and so when it was time for her to get a lung transplant they needed help and that's why a Go fund Me was created. I learned so much from watching this

video. My biggest thing that I learned and will definitely apply during my clinical experience is sick people don't always want to be treated like sick people, some people don't want the pity. You should treat people as normal as possible without making them feel like they are the disease. Watching Claire in the video reminded me people still should be about to do all the things that they put their mind to. Life is a beautiful thing and everyone is entitled to live it to the fullest!