

Enalisa Morales

Pedi Assignment

Watching this movie made me very teary, I also found myself hopeful that Claire would live a much longer life than expected life. She sort of did, but I was expecting longer than even that. Claire had cystic fibrosis, which is an inherited life threatening disorder that damages the lungs and digestive system. The problems I noticed in her was her struggle to breathe and remove the build up of secretions, she was also very skinny and remarked on how she ate a lot and still struggled to keep weight on. She obviously had periods of low energy also. Her clinical manifestations would be shortness of breath, poor weight gain, exercise intolerance, persistent cough. These symptoms are the cause of her mucous and digestive secretions being too sticky and thick plugging up tubes, ducts and passageways. Nursing interventions to consider are to cluster care to accommodate the decreased energy, encourage lung maintenance techniques, provide small snacks throughout the day, encourage fluids. For CF, an important member of the team would be a respiratory therapist. Claire's family had regular bills and hospital bills, and also struggled to find time to be with Claire and continue working. I learned from Claire's story that I probably try to take the easy way out a lot too. It's easier to just say you can't accomplish something because of a certain reason, but people are capable of things if they apply themselves. You can't always lean on a crutch. Sometimes things come including illnesses, and you can't stop living on account of them. To apply this lesson, I will continue to remember my patients are people not just sick people. They have lives and hopes and dreams too. No other words they said come to mind, but Claire's resilience I guess you could call it made the most impact. Kids are so resilient. A reflection I would like to include is, I don't know, sometimes life is hard, but your mind set towards it is important. Mental health is important.