

Terry Simpson

1. How did you feel throughout the time that you were watching the video? I felt a range of emotions. I felt sad for Claire for having this terminal illness. I felt so proud of her for living her life to the fullest and never letting her diagnosis stop her from being happy and making such a dramatic difference for others.
2. Give a description of Claire's condition and identify the main problems that you identified? Claire has cystic fibrosis, which is an incurable lung disorder, she was born with this disorder. Exocrine glands produce thick mucus which makes it hard to clear her lungs and airways. Prognosis is poor with life expectancy in the mid 20's.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Claire experienced a chronic cough with shortness of breath, she required oxygen which is lifelong therapy. She required breathing treatments constantly, breathing exercises, and CPT. She also had to take many medications by mouth. This is a daily routine for her and is exhausting.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Maintain adequate oxygenation. Daily CPT and breathing treatment to remove secretions from the airway. Adequate daily nutrition intake and fluid intake.

5. What other members of the care team should you consider important to achieving safe care outcomes? Respiratory team; dietary; pulmonologist along with primary care physician.
6. What financial challenges did this family face because of Claire's condition? The cost of a lung transplant was 50,000 dollars. Claire made no money from her foundation.
7. What did you learn from this experience? I have learned that being diagnosed with a terrible debilitating disease does not mean you cannot make a difference in someone else's life. She was so focused on helping make a difference for others she never let her condition get in her way.
8. How will you apply what you learned by watching this video to your clinical practice? I will never feel sorry for someone with a terminal illness, I will provide positive energy and support along with the best medical care that I can provide.
9. Are there other significant words that Claire or her mother shared that impacted or inspired you? Claire said when you pity people who are sick, you take away their power. I will remember that statement.
10. Is there anything else you would like to include in your reflection of this experience? This documentary was so impactful and so important for anyone who interacts with patients. Claire at 21 lost her battle but made such an impact on so many more lives with her words and her foundation. She was full of life and tried to live that way every day until her last.