

Claire | The Documentary

1. How did you feel throughout the time that you were watching the video? I was very emotional throughout this video because Claire was very inspirational with her words, and it became difficult to imagine being a parent of a child who you knew was suffering through an illness and being unable to help them get better.
2. Give a description of Claire's condition and identify the main problems that you identified? Cystic fibrosis is a terminal genetic disease that causes an overload of mucous and slowly causes organ failure. Some of the main problems I identified through Claire were shortness of breath, the need of supplemental oxygen, and excessive mucous.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Clinical manifestations that I observed were increased mucous secretions and persistent cough related to her illness because the mucous becomes thick and sticky which causes certain passageways to become clogged.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Specific nursing interventions to take into consideration would be percussion to help secrete the mucous build up, increase fluid intake to help loosen the mucous.
5. What other members of the care team should you consider important to achieving good care outcomes? Respiratory therapy to perform percussion to aide with the elimination of thickened secretions.
6. What financial challenges did this family face because of Claire's condition? Claire had to be hospitalized constantly throughout her life and had 35 surgeries.

7. What did you learn from this experience? I learned to be grateful for the life that I have been given and to “live a life that I am proud of”. I am able to reflect on what I have done in life and see whether I proud of what I have done and if not, change it. Humans are incredibly capable of so much and I need to embrace that. I learned that there is no time for hatred and to love on our loved ones everyday because we do not know how long we have with them.
8. How will you apply what you learned by watching this video to your clinical practice? I learned to see the point of view of the person who is ill and not simply pity them. I learned to see what they are capable of and encourage them to the best of their ability. I also learned to be more considerate about the families support system and financial needs.
9. Are there other significant words that Claire or her mother shared that impacted or inspired you? “Innovation doesn’t happen because there is a person in a great circumstance and everything’s going well. Innovation happens, art happens because of suffering”. “We’re all just trying to not feel so alone and like we have something worth giving”. “Being healthy doesn’t matter, it’s what you do with the health”. “There is so much potential in being alive that we just never tap into”. “Live a life you can be proud of”.
10. Is there anything else you would like to include in your reflection of this experience? I just love to see inspirational videos like this. It saddened my mama heart to know that so many children suffer from this illness but it also warmed my heart to see that it didn’t get her down but rather pushed her to do something life changing to help thousands of people around the world. Claire wanted to do something important with her life and leave her mark in this world and she did just that.