

Marcia Mata

3-30-2023

### School Nurse Reflection

1. My view of the student population changed by understanding there are different types of needs in school. From those who need routine medicine for anxiety, diabetes, and other needs. To those minor incidents like headaches, soar throats, and minor injuries in athletics. There are so many kids in the school, and they all have unique needs. That at that moment are important to them.
2. I never really understood what a school nurse did. Sitting with the nurse helped me understand that she helps these kids with their medications, but she also is a support for them and builds relationships with the students. Understands their needs and cares for them.
3. The school nurse experience was eventful. I went into the experience not expecting much and thinking it may be boring. However, it was the opposite, the nurse has a lot more responsibilities than I thought.
4. I observed medication administration. I also witnessed some mental issues kids deal with at school and kids trying to find excuses to get out of class.
5. My experience was pleasant, the staff was very nice. The kids also seemed respectful to the nurse. I was in a middle school so I wasn't sure how the kids would be, but they all were understanding to the help the nurse gave or if she wasn't able to do much they also understood.
6. We had a girl come in who had an ostomy bag that needed to be changed out. I assisted with changing it out for her and she was just the sweetest kid. Looking at her you would never know it's she had a colostomy bag.
7. I witnessed a 6<sup>th</sup> grade girl who had spina bifida, confined to a wheelchair. She was so mature and not at all down about her issue. I also witnessed a boy who had some behavior issues and would constantly come to the nurse to get out of class. He needed a lot of attention and luckily the school has program to help him.