

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

Going to an all girls school I thought I was going to see a lot of drama with all the girls hormones and that they might not feel comfortable with me in the clinic ,but the girls were amazing. Every single one said hi to me and would explain why they would come to the nurses office and what medication they needed and why they were taking it. They are so knowledgeable of their medication and had a great routine when coming and seeing the nurse.

2. How has your view of the school nurse role changed?

It has changed my point of view over all because I thought they didn't do much and were there to only take temperatures and decide if the kid needs to go home or not. I didn't know they needed to be a RN and that they have standing doctors. They work alongside a doctor that is over all LISD school and other doctors the kids go see. They talk to the kid's doctor and try to work out a plan and get the kids on the correct medication.

3. What surprised you about the school nurse experience?

How many students she has to give meds to and the load of prn medication they have for kids. In just my four hours there she saw about 10 kids just to give them their scheduled morning meds. She also treated 5 more kids that came in sick to the nurses office and dismissed a couple home and sent the rest back to classroom.

4. What did you observe during your time there?

She showed me where their AEDS are kept and the log she keeps up with doing the monthly check on them. The stop the bleed kits she had ordered and had to make some herself so that each classroom has at least one kit by the exit door. She also showed me how she trains the 7th -12th graders on how to apply a tourniquet. It amazed me that they have a yearly training session each year on how to apply a tourniquet in case of an emergency.

5. How was your experience different from what you expected?

My experience was amazing to say the least. I thought I would be doing nothing all morning but I believe I only sat down for 30 mins and was on the go all morning. I was learning so much that I lost track of time and ended up leaving 15 minutes after 12. I had a good nurse and hope others get the same experience I had.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

The amount of young kids dealing with mental health problems. I believe she treated two girls with cuts to their forearms . Also the amount of kids with ADHD.

7. Please list two developmental stages related to the population that you observed.

1. **Identity vs role confusion** because we had a 12th grader come in with some GI issue but the nurse had stated she had been in her office a few days ago and believed she was stressing about what to do next in life. She was not sure if she wanted to go to college or what out there for her to do.
2. **Formal operational** because they would come and ask the nurse what she thought about their hairstyle/ hairdo