

Stephanie Nelms

Mid Internship Reflection

I went into my first day of my internship not knowing what to expect. I was nervous and scared. I was praying that I would have a good nurse who would teach me and make me feel welcomed. I didn't know what I would get to do or if I would even get to do anything at all. My first night was amazing. I have a great preceptor who really encourages me and goes out of her way to make sure I get opportunities to do things I have never done before. In just these five shifts I have learned and done so many things I have never done before, like: managing an EVD, titrating Levo, and rectal tube care. I get excited to be a part of the team on the Neuro SICU floor. So far I have built confidence in myself and I am thinking critically just like a nurse. I like that my nurse stands back and lets me take control of the situation and ask what I would do next. She is a great preceptor and an even more amazing teacher. I have really enjoyed my last five shifts and I can't wait to see what my next five include. I hope to continue building my confidence and skills over the next five shifts. I have realized that I know more than what I thought I did and I am going to be a great nurse.