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Midterm Reflection  
March 24, 2023

I was assigned to the Pediatric Staffing nurses, Abigail and Lauren, at Covenant Childrens. Within these 5 shifts I was able to go to the Pediatric Med Surg Floor, the NICU, and the Pedi Emergency Department. I really enjoyed this because I genuinely got to see so many different things.

My first shift was on the Pedi floor and I followed Lexy because Abigail had a family emergency. I was able to take care of patients with mainly viral respiratory issues as well as a patient with asthma. I was able to watch how a nurse weans a patient off of oxygen and the interventions that should occur if the patient can't tolerate the lesser amount.

My second shift was in the NICU with Lauren. We had two patients: one that was born pre mature with respiratory distress and another that was born with congenital myopathy. The congenital myopathy case is where I got to see and learn the side of nursing that not many people know about. I was able to see the nurse and the caseworker interact, I was able to watch the nurse try and teach the family about trach care at home, and I got to see the criteria that nurses use when debating if they need to call Child Protective Services. I was also able to watch and assist with trach care, gavage feeding, care times, OG tube care and I learned what a bubble CPAP was. I really was able to see things that I have never seen before and was able to learn so much!!

My last 3 shifts were in the Pediatric Emergency Department. My first shift was with Lauren and during the shift we took care of 3 seizure patients as well as many viral infections that really could only be treated with some ibuprofen or tylenol. I was able to start an IV and administer a vastus lateralis IM injection. My 4th and 5th shifts were with Abigail and we were in triage both days. Here, I was able to watch and even practice triaging patients that walked into the ED and take them from the waiting room, to the triage room, and then to their actual room where they would receive treatment. We saw strep cases, ingestion cases, suicidal attempt cases, neuro cases, and even a head laceration. I took lots of vitals, started an IV on my first attempt, and even got to see a leukemia patient's port be accessed to draw blood from.

I really enjoyed the past 5 shifts and already feel like I've learned so much from all of the nurses. I now really understand how much communication with adults varies from talking to kids but I feel that I am getting much better. I am excited for the next 5 shifts and to see more exciting things!!