IM6 (OB) Critical Thinking Worksheet

Student Name: Samantha Torrez

Date: 3/21/23

1. Diagnosis:

Admission Date and Time: 3/19/23 22:12

Age: 35 Race: white Marital Status: married

Allergies: nkda

LMP: 6/28/22

EDD: 4/4/23 Prenatal Care: yes

2. Delivery Information:

Delivery Date and Time: 3/19/23 2130

Vaginal/CS: vaginal If C/S, reason: —

Incision or Lacerations: 1st degree

Anesthesia/Analgesia in L & D: epidural

BTL: n/a Quantitative Blood Loss: 150ml

Gestational Age at Delivery: 37w

3. Maternal Information:

Foley: — Voiding Past Removal: —

IV: (L) FA V/S: BP 130/83 T 98.1 RR 20 O2 98

Activity: Diet: reg

Procedures: –

Maternal Significant History, Complications, Concerns: leakage of amniotic fluid

4. Lab Values-Maternal:

Blood Type and Rh: O- Rh- Antibody Screen:

If Rh neg, was RhoGAM given at 28-32 Weeks: RhoGam 3/20/23 @ 0600

Antepartum Testing done during pregnancy:

Rubella: immune DRL/RPR or Treponemal:

HIV: — Gonorrhea: – Chlamydia: –

HBsAg: – GBS: + PAP: never done

Glucose Screen: 132 3 Hr. GTT: 82

H&H on admission: PP H&H:

hemoglobin 12.1 — 10.9

hematocrit 34.5 — 32.6

Other Labs:

5. Newborn Information:

Sex: male

Apgar: 1min: 9 5 min: 9 10 min, if needed:

Weight: 7 lbs. 10 oz. or 3458 gms.

Length: 20 in. / 1/2 cms.

Admitted to NBN NSY: no NICU: no

Voided: yes Stooled: yes

Newborn Complications, Concerns: none

Method, Frequency & Type of Feeding:

breastfeed - on demand

6. Lab Values/Procedures-Newborn:

POC Glucose: 72 Blood Type: O+ Coombs: –

Bilirubin: 3.8

O2 Saturation: Pre-ductal: N/A Post-ductal: N/A

Other Labs: –

Hearing Screen: not available

Circumcision: declined

Covenant School of Nursing Reflective Practice

Name: Samantha Torrez Instructional Module: 6 Date submitted: 3/22/23

Use this template to complete the Reflective Practice documentation. Use only the space provided. Information that is not visible is lost.

Step 1 Description

In my OB clinical today I helped deliver a baby girl at 8:30am. At 4am my patient was dialated at a 3. At 6:30am She was at a 6. And then at 8:30am she was at a 10. I helped mom by holding her leg and helping her push.

Step 2 Feelings

In the beginning I was scared I was going to pass out because I had never seen a baby being born before. I was going to just stay against the wall incase I had to pass out. But my nurse needed me to hold mom's leg so I had to put passing out to the side. The event made me emotional. I was very happy to be apart of this experience.

Step 3 Evaluation

What I saw that was good was how everyone worked as a team during moms labor. Everyone played an important part and everyone was needed somewhere. I think I did a good job at staying calm and doing what my nurse needed me to do. I didnt expect myself to stay so calm. I am glad I did.

Step 4 Analysis

I was able to understand the terminology my nurse was using. Baby was OP which caused mom to have intense pain.

Mom had great contractions and baby wasn't responding the way my nurse wanted. So we repositioned mom and baby responded a lot better. It was neat to see baby's HR change from good to bad in person.

Step 5 Conclusion

I dont think there was anything my nurse should've done different. She knew exactly what she was talking about and her intervention's helped mom have a safe delivery. I learned how teamwork is very important when having a baby. It was a great experience.

Step 6 Action Plan

I thought this situation was a great learning experience. It was great to see everyone work together. It was great to see the doctor and what he actually does. It was cool to see the placenta and baby both being delivered. It is something I can see myself doing.

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