

Covenant School of Nursing Reflective Practice

Name: Jonathan D. Paredes

Instructional Module: 6

Date submitted: March 22nd, 2023

Use this template to complete the Reflective Practice documentation. Use only the space provided. Information that is not visible is lost.

<p>Step 1 Description</p> <p>I was assigned to the L&D 4th floor. My precepting nurse was very helpful in showing me around the unit. My nurse and I were assigned a young 18 yo pt with her baby son in her belly. The nurse and I helped her along to have the best birthing process possible.</p>	<p>Step 4 Analysis</p> <p>I am a father of three baby girls. I adopted my first girl when she was 3. So I've been apart of two births with my wife and each one has been different. We relied heavily on our nurses knowledge alot of the times. There was an issue w my pt's support system. The father was not involved very much, and that struck me as odd. It was an eye opener for me, because of how different it was</p>
<p>Step 2 Feelings</p> <p>At the beginning of this clinical day I was extremely nervous and was worried about how my pt's would feel having a male nurse. My exact thoughts were "I don't want to make this pt uncomfortable under any circumstances!" But fortunately the pt & my nurse were very welcoming & helped me learn!</p>	<p>Step 5 Conclusion from my experience.</p> <p>I definitely could have read up more on FHR monitoring, I was widely impressed with the knowledge my preceptor had at recognizing problems & how to react to them. My knowledge on oxytocin drug calculations definitely needs work. My overall signs of how to react to the FHR, need work. My nurse worked in a timely fashion and I would like to implemen skills to my future gig.</p>
<p>Step 3 Evaluation</p> <p>There were a ton of things that went well that day. I truly got to see the beginnings of the birthing process from a different perspective. I can honestly say tha I got to understand how to interpret the FHR & toco at a beginners level. That was a great experience getting to see those patterns happen in real time.</p>	<p>Step 6 Action Plan</p> <p>My experience was acutally so much better than I thought it would be. My knowledge of the L&D floor has gone up tremendously. I hope that if there is ever a time I'm in an emergency situation where I am dealing with a pregnant mom, that I would know the bare basics of what do do. My experience here will definitely help me in my future nursing degree.</p>

Prehospitalresearch.eu - licensed by CC 4.0