

Poverty/ ACES

Adverse childhood experience (ACES) could lead to a long-lasting effect later on in life of a child such as heart disease, obesity, and it could also lead to a higher risky behavior. Poverty is one of the biggest stressor that lead to ACES in children because of all the traumas experience by the child in poverty is more in compare to those that are not living in poverty. The traumas that the child in poverty experience is not having enough food, not having a home and that is a big stressor because not having a home meaning that the child have to worry about their safety at all times because they do not know if the place they are staying is safe or if anything could happen to them. The child could also be experience not having running electricity and it could also lead to ACES because the outside temperature could be extreme and not having electricity so they can not turn on the heat and it could effect their body physically. The child that is being expose to more ACES have a higher risky behavior because they could be experiencing childhood trauma by seeing physical and sexual abuse and they are a victim of the abuse. They could be growing up in a bad neighborhood where they get to use substances as such a young age like alcohol, drugs, and these substances could affect the child body and brain development. After watching these videos, I notice that it could be very difficult for the family and children that is living in poverty to gain access to good health care because of their situation, people might not treat them with the same respect that they give to a different patient. How it will affect my nursing practice is I will make sure to let them know that they are in a safe environment and no one can do harm to them. I will try to find resources that could help them with shelter or finding resources that could help the child family with their utility bill because without running clean water and electricity, it could worsen the child health. I would talk to the social worker to help with some of the cost of medication because sometimes, family cannot afford. And health screening is very important for children because the screening make

sure that the child is in good health and I can help to look for screening that is free in the community to help the child prevent disease.