

The video "Families living in cars" struck me hard due to how my families live homeless. Most of the time I think of individuals that are adults rather than families or children. What also struck me was how strong the children were in the video. They all had caring hearts and loved their parents despite being homeless and living in such small conditions in a car. What gave me hope for each family that was interviewed was that no one gave up. The kids and parents all pitched in to help each other and do what was needed. In my nursing practice, I hope that if I ever come across someone or a family that is in a situation like this that I could help them out or get them the proper resources.

Watching the three videos over ACEs, I can understand how trauma can affect the development of a child. Having experienced a trauma as a child/adolescent myself, I can relate. The trauma was my parents getting a divorce when I was just starting the 8<sup>th</sup> grade. I don't remember much of the year due to being so angry at both my parents. Due to my state of mind I did not care about school and my grades suffered. Eventually I recovered and school and life improved. This was due to the support from my family, friends, and my faith in God. Without God in my life, I would not be here today.

Through watching these videos, it has made me think about my future with my fiancé and my role as a nurse. I want to be successful as a nurse so I can provide for my family and be able to take care of my future kids and wife. I do not want to be in a situation where my children get neglected or must live in a car. But I know no matter what happens or were life takes me God is in control and will help no matter the situation.