

What are the similarities and differences associated with the stigma of a physical illness and that of mental illness?

Similarities between physical and mental stigmas, is that people in the society think that people with illnesses are weird because of the way they think or act. Others don't know what is wrong with people because they are ignorant to illnesses. The difference between physical illness and mental illness is that one physically see the person, and immediately think he/she would be distorted, weird, ugly and they would not want to surround themselves with that person.

Different stigmas include the way society view these people.

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B. What stigmas about those with mental health conditions exist in society?

In American society people who are diagnosed with schizophrenia unfortunately cannot get jobs nor can afford healthcare. A main stigma against these people often includes people who view them as lazy and irresponsible. These members of society do not have the knowledge that is necessary to understand people with schizophrenia this stigma can be seen anywhere in our country.

C. What can nurses do to reduce stigma surrounding mental health?

The nurses are the stepping-stones for families to understand the patient. For example, people who are diagnosed with physical or mental illnesses are dependent on healthcare providers to educate family about the illness. therefore, there is an understanding between patient and people who do not understand.

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