

South 4  
Dr. Thomas 806-319-1570

South 4 is a telemetry unit. We typically have patients with various other disease processes.

1. Your clinicals begin at 0630 on Tuesday/Wednesday. If you are going to be absent or are going to be late, you have to text/call me. If you are going to be absent, you will also email Mrs. Duriex and let her know. Do not text/call someone in your clinical group for them to relay the message.
2. Never leave the floor unless checking with me first.
3. South 4 obtains scheduled Vital signs at 0800 and 1200. However, many meds require VS before administering it so please do this before medication administration. The floor becomes very busy early in the day, **so it is imperative that you perform a physical assessment on your patient as early as possible.** Do NOT wait until 10 am to do your assessment.
4. ***Do not work on your clinical paper work during your clinical time. Unless I have permitted you.***
5. Always be prepared for your day of clinical!
6. You will be assigned a group of patients with a TPCN each day, listen to report and choose your patient. You decide what patient you are taking and let me know. Take advantage of the knowledge and skills your TPCN has. If you are not busy with your patient, follow them around and help out at every opportunity. DO NOT congregate in break rooms, nursing stations or hallways. (You will get out of clinical what you put into it!) If the call light goes off and you are not busy, you are expected to answer it.
7. You cannot perform a procedure (lab draws, starting IV, dressing changes, Foley, etc.) without your instructor or nurse with you! You cannot give ANY medication without your instructor or nurse with you! **MAKE SURE YOU HAVE WATER AND ANYTHING ELSE YOU NEED BEFORE YOU GO IN TO GIVE MEDICATIONS.**
8. A typical day will have you doing patient care (physical assessment, vital signs, am care/linen change, assist with feeding, etc.) on your patient. If your patient requires a bed bath, please grab a buddy to help you. Never give a complete bed bath by yourself. When we return to the floor after lunch, we will finish up (charting, I&O's, report, cleaning room) then have post-conference
9. Be sure to follow dress code!!! Be mindful of appearance and attitude! Wear your badge at all times. You will be sent home without it. (Look professional!)
10. Eat something for breakfast. There is a lot of standing and physical activity. You can bring a snack but it must be eaten in the breakroom.
11. Always bring your stethoscope, penlight, watch, pen, sharpie, bandage scissors, badge, and packet.

Please MAKE SURE:

You have put V/S in the chart by 0800

- You have finished all the necessary treatments;
- That your patient's assessment and bath is completed before lunch.
- You have completed and totaled your I & Os;
- Be sure & complete the hourly rounding in the chart

- Your patient's room is neat; trash isn't overflowing (if it is-- empty it please);
- They have fresh water (if allowed);
- And you have offered AM care (oral care, toileting, hands, and face washed, back rub, linens straightened and tucked).
- You have reported off to the nurse before leaving the floor.

These activities, small in themselves, add up to competency and caring in the eyes of your patients, your future coworkers, and to me!

***Meet Ms. Thomas by Starbucks on Tuesday and then on Wednesday we will meet in the student room on South. The student room is located by the elevators in front of Starbucks on South 4. If you get lost or have questions. Please call or text me.***

***Cathy Thomas, RN, DNP***

***806-319-1570***

For the First Week of clinicals ONLY look up these additional 5:

1. ***Vancomycin***
2. ***Metoprolol***
3. ***Prednisone***
4. ***Ondansetron***
5. ***Levofloxacin***