

Reflective Question Assignments

Scenario 5: Anaphylaxis

- 1) List in order of priority your initial nursing actions identified for Charlie Snow based on physical findings and family interaction.
 - Hand hygiene
 - Patient/family ID
 - Vitals: especially O2 sat and respirations
 - Apply continuous heart monitor and blood pressure
 - Adjust O2
 - Administer epinephrine and fluids
 - Reassess respirations
- 2) What complications might Charlie Snow face if symptoms are not recognized and treated in a timely manner?
 - Respiratory distress from anaphylaxis may lead to systemic shock and possibly death.
- 3) What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.
 - 6 y.o. Charlie was admitted with difficulty breathing after eating a cookie with peanuts. He is allergic to peanuts, perfumes and dyes.
 - He has been placed on continuous cardiac monitoring and O2 NC 2L.
 - Breath sounds are labored and fast. Tachycardic.
 - I recommend switching his NC to a non-rebreather mask if O2 drops <94.
 - Administer prescribed medications and provide family education.
- 4) Reflecting on Charlie Snow's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?
 - In the scenario I failed to reassess respirations after administering the prescribed medications. I would reassess O2 and respirations in the future to evaluate the effectiveness of therapy.
- 5) Describe how you would apply the knowledge and skills that you obtained in Charlie Snow's case to an actual patient care situation.
 - I have learned how to prioritize my nursing interventions during this scenario and have a better understanding of all the critical elements of taking care of a patient with an allergic reaction.