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<p><b>Step 1 Description</b></p> <p>In my scenario I had an older gentleman that has urosepsis. He was admitted late last night and now it was early morning. I was the day shift coming on to take over his care. When I entered his room he had admitted to not having any visitors yet, but planned on seeing his family later that day. He had maintenance fluids running and a foley in place. It was cold in the room so he was under a lot of covers. He said he was comfortable but had very little sleep.</p>	<p><b>Step 4 Analysis</b></p> <p>Each day I will grow stronger. Some days I might take little steps but there will be days that I take leaps. I learned that I need to trust in myself and trust in my training. One of the first interventions I noticed was that he was ordered blood pressure but his blood pressure was already too low. I made the decision to hold the med for now and get further guidance. I went ahead and gave the med to help prevent blood clots and antibiotic med to help fight the infection. It didn't go as smoothly as I would have liked in an ideal situation. I grabbed the wrong tubing and had to ring for assistance to get the correct one. They came quickly and there was no break in the care of this patient.</p>
<p><b>Step 2 Feelings</b></p> <p>I was very nervous with meeting him but I knew that through the training I have received I would do well. All of the sudden I was very thirsty and needed a drink but that would have to wait. I was there for him and I was ready to take care of him.</p>	<p><b>Step 5 Conclusion</b></p> <p>It could have gone differently though, and the self-doubt started to come back but I was determined to press on. When I noticed that I had the wrong tubing, the patient could have started to doubt his care that he would be given at this new hospital that he has never been to. He could tell that I was nervous about being there. After all he was my very first patient to take care of, but he didn't need to know that. I wasn't going to tell him that I was a brand new nurse. As far as he knew I was seasoned and I needed to act the part. He was a good sport about it and had faith in me to do the right process. I did learn that I should not just grab the first set of tubing I saw and make sure I had the correct materials to manage my patients care. That I will forever remember. Again making steps for growth.</p>
<p><b>Step 3 Evaluation</b></p> <p>I went through the steps of taking care of him and it just came naturally. It just flowed. I was no longer nervous. I was no longer Thomas, the scared little boy, I was Thomas his nurse and was his caretaker. I went through checking the lines and other necessary measures placed by the doctor to help him in his improvement process.</p>	<p><b>Step 6 Action</b></p> <p>Some one very wise once said that in our training there will be an "AH HA" moment. A moment where it all fell together and it felt comfortable, A moment where you realized that this is exactly what you want to do. Up until now I did not have that moment. I had lots of self-doubt. I felt that there were others that were more qualified to take the role of caretaker. I always thought that yes, I have a nurses heart but didn't think that I had the nurses brain. I even joked that something was wrong with my hippocampus when it came down to implementing things. I was content to stand in the shadows and let others take lead. However, after today I realized that I could be one of those great leaders. One of those heroes I looked up to for so long. Now I have it. I felt the flow of things and it just seemed natural. I feel that I can be some one that makes my instructors proud and I owe a big thank you to a lot of people.</p>