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<p>Step 1 Description</p> <p>On Monday February 20th, I completed my CPE for module 4. This took place in the covenant children's hospital on the 5th floor where the simulation center is located. My instructor that I tested with was Ms. Nesbitt. I was playing the role of a nurse of a patient that was diagnosed with urosepsis. My role was to assess the patient and pass their medications, while ensuring the universal competencies were met. Ms. Nesbitt played the role of the patient, speaking for them and asking questions as the patient. Overall, the CPE went great, and I passed with flying colors.</p>	<p>Step 4 Analysis</p> <p>One thing I will always remember/hold close to my heart is never think "I don't have enough time" there is always time for patient safety. Another thing that I will remember is the 7 rights are key to reduction of med errors. Other perspectives help distinguish how successful the CPE was and help to determine how they can improve as a future nurse. Overall, the safety of the patient is priority.</p>
<p>Step 2 Feelings</p> <p>In the beginning I was nervous about forgetting something or not doing a skill correctly. When I got the patient's chart much of my worry went away, due to the fact that the unknown was revealed. I was more worried about the specific scenario I would get. After I finished the CPE, Ms. Nesbitt was very encouraging with complimenting me on the things I did great, she even told me I could take care of her anytime. That made me feel overjoyed at the fact my instructor wanted me as her nurse. It makes me feel like I am doing things right and that I am going to make an amazing nurse.</p>	<p>Step 5 Conclusion</p> <p>One way I can improve is to not overthink prior to CPE, I am capable, prepared, and knowledgeable of all the skills performed. I think the instructors did a great job with the structure and layout of CPE. I felt I did really good with time management, but one way I can improve is just comfort with medications, and I know that will just take time and exposure. I learned that it is so important to listen and asses your patient, especially for safety (bed rails up, proper use of call light, is the call light within reach).</p>
<p>Step 3 Evaluation</p> <p>I liked the fact of having a patient chart and info on the patient prior to the CPE. I don't really feel anything was bad about it, other than just my self-doubt. The communication with the patient comes pretty easy to me, due to my bedside manner as a nurse aide for 3 + years. The most difficult thing for me was just overthinking about the chart before I got it. I like the feedback that Ms. Nesbitt gave to me after the CPE was over. I most definitely over thought it and made it out to be more complicated than what it was. It was a lot more simple than what I thought. I honestly felt that my CPE was successful and smooth.</p>	<p>Step 6 Action Plan</p> <p>Overall, I really enjoyed my CPE, I think it went great and I didn't really have any issues other than nerves. I again just need to relax and take a deep breath because I am perfectly prepared and capable of passing the CPE with flying colors. I will always use the 7 rights as a nurse in the field, I feel like that is one thing I've noticed nurses forget and lack in clinical practice. We should never justify that "we don't have enough time", at the end of the day if a patient that I'm assigned to gets hurt because I chose to slack on safety, that is 100% my fault and my license at risk.</p>