

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Substance Use Disorders

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: • Integrate evidence based data in making clinical decisions for patients with substance use disorders • Implement plans of care for health issues for patients with substance use disorders • Integrate knowledge of medications used to treat persons with substance use disorders including the medication's actions, side effects, adverse effects, and nursing implications for patient monitoring and education • Implement teaching plans for patients, families, and caregivers about substance use disorders • Promote use of resources to optimize health in persons with substance use disorders • Communicate effectively with persons with substance use disorders • Collaborate with health care team to promote optimal health levels for patients with substance use disorders • Evaluate your feelings and attitudes regarding persons with substance use disorders	
Pre-Class Preparation	
Required: • Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 23 & Ch. 36 Additional Resources: • Listen to Dr. Sanjay Gupta (3.14 minute video) https://www.youtube.com/watch?v=5f1nmqiHIII • Watch 4.15 minute video by Alila Medical Media https://www.youtube.com/watch?v=NxHNxmJv2bQ • Read Varcarolis, E. M. (2017). <i>Essentials of psychiatric mental health nursing</i> (3rd ed.): Ch. 19, Substance-Related and Addictive Disorders	
Learning Activities	
Classroom Activities: • Lecture • Discussion • Clinical Institute Withdrawal Assessment CIWA-Ar Assessment scale • Drug Abuse Screening Test (DAST-10) Laboratory/Clinical Activities: • Care of patient with substance use disorders in the clinical setting Out of Class Activities: • Using informatics, create a resource list of local treatment facilities and support groups for persons with substance use disorders	
Evaluation Methods	
• Exam • Clinical Performance/Evaluation	
Texas DEC's	QSEN Competencies
Knowledge: II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 4a, II. E 6, III. A 5 Clinical Judgment: II. A 2, II. C 7, II. E 9, II. E 11,	Patient Centered Care; Teamwork & Collaboration; EBP; Safety, Informatics

IV. B 3a	
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1, 2, 3, 4, 5, 6, 7, 8	Safe and Effective Care Environment • Management of Care (Advocacy, Client rights, Collaboration with interdisciplinary team, Confidentiality, Establishing priorities, Informed consent, Referrals) • Safety and Infections Control (Use of restraints/safety devices) Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors, Lifestyles choices, Self-care, Techniques of physical assessment) Psychosocial Integrity (Behavioral interventions, Chemical and other dependencies/Substance use disorder, Coping mechanisms, Crisis intervention, Mental health concepts, Sensory/perceptual alterations, Support systems, Therapeutic communication, Therapeutic environment) Physiological Integrity • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculation, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) Physiological Adaptation (Illness management, Unexpected response to therapies)
<i>Concepts</i>	<i>Faculty</i>
Substance Abuse/Addictive Disorders	Annie M. Harrison, DNP, RN PMH-BC
<i>Date originated:</i> 1/9/18	<i>Revision Dates:</i> 01/13/23

LVN-RN Track Learning Guide Topic: Mental Health - Substance Use Disorders cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008. REV 3-2016