Covenant School of Nursing

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Nurse-Patient Relationship

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Describe how the nurse uses the necessary components involved in building and enhancing the nurse–patient relationship (trust, genuineness, empathy, acceptance, and positive regard).
- Describe the importance of self-awareness and therapeutic use of self in the nurse–patient relationship.
- Differentiate the differences between social, intimate, and therapeutic relationships.
- Describe and implement the phases of the nurse–patient relationship as outlined by Hildegard Peplau.
- Explain the negative behaviors that can hinder or diminish the nurse–patient relationship.
- Describe boundaries in the nurse-patient relationship.
- Describe the goals of therapeutic communication.
- Differentiate between therapeutic communication and nontherapeutic communication.
- Apply principles of therapeutic communication in patient interactions.
- Identify the roles that physical health and biologic makeup play in a patient's emotional responses.
- Obtain and organize psychosocial assessment data to use as a basis for developing a nursing plan of care.
- Describe various cultural beliefs and practices that can affect the nurse-patient relationship.

Pre-Class Preparation

Required:

- Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 19, Ch. 20

Additional Resources:

- Varcarolis : Ch. 7: p. 77-82; Ch. 8: p. 91-103; Ch. 9: 105-117
- A Nurse's Guide to Professional Boundaries @ https://www.ncsbn.org/ProfessionalBoundaries_Complete.pdf

Learning Activities

Classroom Activities:

- Lecture with PowerPoint
- Therapeutic Communication simulation

Online Activities:

- None

Evaluation Methods

- Exams
- Clinical performance/evaluation

Texas DECs	*QSEN Competency (s)*
Knowledge: II.B.3; II.C.1a&b; II.C.1a&b; II.E.2; III.B.1b; IV.D.2 **Clinical Judgments & Behaviors:** I.B.1 & 3.a& b; II.B.1; II.E. 9; III.B.9;	Patient Centered Care; EBP; Safety; Informatics
Learning Outcomes	***NCLEX Test Plan***
1 & 2	**Psychosocial Integrity:** Therapeutic Communication and Therapeutic Environment, Cultural Awareness & Influences on Health
Concepts	***Faculty***
Communication & Interpersonal Relationships	Annie M. Harrison, DNP, RN PMH-BC
Date originated: 1/9/18	***Revision Dates:*** 01/13/23