

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Current Theories and Practice

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Integrate evidence-based principles to meet the care needs of patients with mental health disorders • Integrate evidence-based data in making clinical decisions for patients with mental health disorders • Analyze legal and ethical concerns in the provision of nursing care to patients with mental health disorders • Communicate effectively with persons with mental health disorders • Collaborate with the health care team to promote optimal health levels for patients with mental health disorders • Promote use of resources to optimize health in persons with mental health disorders • Evaluate your feelings and attitudes regarding persons with mental health disorders
Pre-Class Preparation
Required: • Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 5, Ch. 19, Ch. 20, Ch. 21 and Ch. 22 Recommended: • Read Varcarolis, E. M. (2017). <i>Essentials of psychiatric mental health nursing</i> (3rd ed.): Ch. 2, Mental Health and Mental Illness, Ch. 3, Theories and Therapies, Ch. 5, Settings for Psychiatric Care, Ch. 6, Legal and Ethical Basis for Practice, Ch. 24, Anger, Aggression, and Violence
Learning Activities
Classroom Activities: • Lecture • Discussion • Legal/ethical case studies • Using informatics, search for available resources you could provide for persons coping with mental health disorders • Journal Assignment Laboratory/Clinical Activities: • Care of patient with mental health disorders in the clinical setting Out of Class Activities: • Go to http://dshs.texas.gov/mhsa-rights/?terms=patient%20rights and review the State of Texas Mental Health <i>Patient's Bill of Rights</i> (12/20/2011)
Evaluation Methods
• Exam • Clinical performance/evaluation

Texas DEC's	QSEN Competencies
Knowledge: I. A 1, 2, 3, 4, I. B 1, 2, 3, 5, 7, 8, I. C 1, 2, II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 2, 3, 4a, 7, 8, 9, 11, III. A 1, 2, 3, 4, 5, 6, III. B 1, 2, 3, IV. B 1, IV. C 5, 6, 7 Clinical Judgment: I. A 1, 2, 3, I. B 1, 2, 3, 4, 5, 6, 7, 8, 9, I. C 1, 6, II. A 2, II. C 7, II. E 9, 10, III. A 5a, IV. B 3a, IV. E 1a, b	Patient Centered Care; Teamwork & Collaboration; EBP; Quality Improvement; Safety; Informatics
Student Learning Outcomes	NCLEX Test Plan

2, 3, 4, 5, 6, 8	Safe and Effective Care Environment • Management of Care (Advocacy, Case management, Client rights, Collaboration with interdisciplinary team, Confidentiality/Information security, Ethical practice, Informed consent, Legal rights, Performance improvement, Referrals) • Safety and Infections Control (Security plan, Use of restraints/safety devices) Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors) Psychosocial Integrity (Abuse/neglect, Behavioral interventions, Crisis intervention, Family dynamics, Mental health concepts, Support systems, Therapeutic communication, Therapeutic environment) Physiological Integrity • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculations, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) • Physiological Adaptation (Illness management, Unexpected response to therapies)
Concepts	Faculty
Ethical and Legal Practice Current Theories in Practice	Annie M. Harrison, DNP, RN PMH-BC
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