

## IM 6 Maternal Newborn & PMH Assignments

**All HESI Case Studies and Clinical Skill Due @ 0700 Monday of the following week with a score of at least 80**

**Grading:** Activity list below includes graded and non-graded activities.

- All non-graded activities are to be completed and are designed to assist the student in the mastery of material.
- To earn credit, the student must earn a minimum of **80%**.
- Progression to the next module requires completion of all assigned work.
- Refer to Attendance Policy in Student Handbook regarding any missing or uncompleted assignments resulting in an absence with academic penalty.

| Weekly Topics and Required Reading                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  | Required HESI Clinical Skills                                                                                                                                                                                                                                                                               | Required HESI Case Studies | Questions per Lecture |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------|
| <b>WEEK 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |                                                                                                                                                                                                                                                                                                             |                            |                       |
| <b>Antepartum Nursing / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, Ch. 8, Nutrition for Childbearing pgs. 154-170, Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternal Nursing. Antepartum Nursing Care: Activities during First &amp; Subsequent Prenatal Visits and Nutrition, Antepartum Nursing Care: Psychosocial Responses to Pregnancy</li> </ul>                                                    |  | <b>Antepartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Admission Assessment: Obstetric Patient</li> <li>• Leopold's Maneuvers</li> </ul>                                                                                                                                    |                            | 11                    |
| <b>Electronic Fetal monitoring / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Electronic Fetal Monitoring</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                             |  | <b>Electronic Fetal Monitoring Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Fetal Heart Rate: Interpretation</li> </ul>                                                                                                                                                         |                            | 7                     |
| <b>Antepartum Testing / Soliz - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 7: Antepartum Assessment, Care and Education pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Chapter 9: Assessing the Fetus pgs. 178-198.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Obtain Laboratory Data; Maternity Nursing: Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Maternity Nursing: Additional Antepartum Tests-Non-stress test, Contraction stress test, Biophysical profile. Appendix-Common Laboratory Tests</li> </ul> |  | <b>Antepartum Testing Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Biophysical Profile</li> </ul> <b>Intrapartum Nursing Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Laboring Patients: Nursing Care</li> <li>• Rho (D) Immune Globulin</li> </ul> |                            | 5                     |

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| <b>Intrapartum Nursing / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12-Processes of Birth; Chapter 13- Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Intrapartum</li> </ul>                                                                                                                                                             | <b>Intrapartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Artificial Rupture of Membranes</li> <li>• Epidural Catheter Insertion</li> <li>• Oxytocin</li> <li>• Vaginal Delivery</li> </ul> |                                                                | 25 |
| <b>Postpartum Nursing / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Postpartum Nursing Care: Normal Postpartum</li> </ul> | <b>Postpartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Assessment: Postpartum Patients</li> <li>• Breastfeeding Education</li> <li>• Cesarean Delivery: Recovery Care</li> </ul>          | <ul style="list-style-type: none"> <li>• Postpartum</li> </ul> | 17 |
| <b>WEEK 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                           |                                                                |    |
| <b>Current Theories &amp; Practice / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 2: pp. 10-16; Ch. 3: pp. 18-31; Ch. 5: pp. 51-58; Ch. 6: pp. 61-72; Ch. 7: pp. 75-84</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                              | <b>Current Theories Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Elopement</li> </ul>                                                                                                            |                                                                | 11 |
| <b>Nurse Patient Relationship / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 7: pp. 75-88; Ch. 8: pp. 89-103; Ch. 9: pp. 104-119.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication</li> </ul>                                                                                                                                                                                                                                                         | <b>Nurse Patient Relationship Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Therapeutic Communication</li> </ul>                                                                                  |                                                                | 9  |
| <b>WEEK 3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                           |                                                                |    |
| <b>Psychopharmacology / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 4: pp. 33-50.</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                | <b>Psychopharmacology Mental Health Collection</b> <ul style="list-style-type: none"> <li>Psychiatric Medications;</li> <li>Recognizing Adverse Effects</li> </ul>                                                        |                                                                | 12 |
| <b>PMH Legal/Ethical Issues / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.):</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                | <b>Abuse and Neglect Mental Health Collection</b> <ul style="list-style-type: none"> <li>Abuse &amp; Neglect of Older Adults</li> </ul>                                                                                   |                                                                | 3  |

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| <b>Schizophrenia / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 17: pp. 250-274.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                               | <b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia &amp; Psychosis</li> </ul>                                                                                                         | <b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia</li> </ul>                                                                                                                                | 15 |
| <b>Substance Use Disorder / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 19: Substance-Related and Addictive Disorders: pp. 302-327.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing</li> </ul>                                                                                                                                                                                                                             | <b>Substance Use Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Addiction, Chemical Dependency &amp; Withdrawal</li> </ul>                                                                              | <b>Substance Use Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Alcoholism</li> </ul>                                                                                                                          | 15 |
| <b>WEEK 4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                |    |
| <b>Pregnancy at Risk / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: High-Risk Disorders</li> </ul>                                                                                                                                                                       | <b>Pregnancy at Risk Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Deep Tendon Reflexes</li> <li>• Precipitous Delivery</li> <li>• Prolapsed Cord</li> <li>• Shoulder Dystocia</li> </ul>                    | <b>Pregnancy at Risk</b> <ul style="list-style-type: none"> <li>• Ectopic Pregnancy</li> <li>• Gestational Diabetes</li> <li>• Preeclampsia</li> </ul>                                                                                         | 26 |
| <b>Week 5</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                |    |
| <b>Reproduction &amp; Contraception / Soliz - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 25 Family Planning pp. 693-716</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing The Menstrual Cycle and Contraception Methods</li> </ul>                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                | 8  |
| <b>Conception, Infertility &amp; Fetal Development / Gurley - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch. 5 Conception and Fetal Development; Ch. 26 Infertility</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing- Fertilization and Maternal Physiologic Changes during Pregnancy</li> </ul>                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                | 5  |
| <b>Women's Health / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774</li> <li>• HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System &amp; STD's</li> </ul> | <b>Women's Health Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Dilatation &amp; Curettage</li> </ul><br><b>Emergency Collection</b> <ul style="list-style-type: none"> <li>• Sexual Assault Exam</li> </ul> | <b>Women's Community Health Collection</b> <ul style="list-style-type: none"> <li>• Herpes Simplex</li> </ul><br><ul style="list-style-type: none"> <li>• HESI Maternal-Newborn Practice Exam</li> <li>• HESI Maternal Newborn Quiz</li> </ul> | 26 |

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| WEEK 7                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                |                                                                                                                                                                |    |
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| <b>Psychiatric Emergencies / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 20: pp. 331-339; Ch. 21: pp. 341-353; Ch. 24: pp. 377-388; Ch. 25: pp. 391-403.</li> </ul> HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | <b>Psychiatric Emergencies Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Agitation &amp; Disturbed Behaviors Prevention</li> </ul>                     | <b>Psychiatric Emergencies Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Psychosis</li> <li>• Obsessive-Compulsive Disorder</li> </ul> | 15 |
| <b>Mood Disorders / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 15: pp. 199-223; Ch. 16: pp. 227-245; Ch. 23: pp. 366-374</li> </ul> HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing                                | <b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Bipolar Disorder</li> <li>• Depression</li> <li>• Electroconvulsive Therapy</li> </ul> | <b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Depression</li> </ul>                                                  | 20 |
| <b>Somatic Symptoms Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 12: pp. 157-167.</li> </ul> HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing                                                         |                                                                                                                                                                                | •                                                                                                                                                              | 5  |
| <b>Anxiety &amp; Stress Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 10: pp. 120-133 &amp; Ch. 11 pp. 134-156.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                 | <b>Anxiety Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Anxiety</li> </ul>                                                                            | •                                                                                                                                                              | 16 |
| <b>Personality Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2021). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch.13: pp. 168-183.</li> <li>• HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nsg.</li> </ul>                                                           | <b>Personality Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Borderline Personality Disorder</li> </ul>                                      | <ul style="list-style-type: none"> <li>• HESI Mental Health Practice Exam</li> <li>• HESI Mental Health Quiz</li> </ul>                                        | 9  |

### Additional Assignments

- **03/07/23 (2<sup>nd</sup> day of class)** Current theories reflective journal assignment due at 0830.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on 04/06/23 @ 0700 and **Group 2** on 05/01/23 @ 0700.
- PMH Patient Teaching Brochure for presentation due @ 0700 on Thursday preceding the presentation date.
- OB Presentation upload to LMS drop box for **Group 1** on 04/03/23 @ 1000 for **Group 2** on 04/20/23 @ 1000.
- Obstetrics/Maternity Practice Exam and Quiz due on 04/17/23 @ 0700.
- PMH HESI Practice Exam and Quiz due on 05/01/23 @ 0700.
- All Clinical paperwork is due on Thursday after the clinical activity @ 1600.
- All PMH & OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, 04/27/23 @ 1600 to be allowed to progress to IM7.