

Student Name: Haven Wisdom

Date: 2/14/23

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

TIME OF ASSESSMENT: 0900

ADMIT DIAGNOSIS ACUTE GI BLEED, HEMATURIA

General appearance: well groomed slightly
malnourished, appropriate for age, upright in Bed

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented x 4 (person, place, time, situation)

Sensation intact x 4 - able to differentiate sharp & dull
in upper and lower Bilat extremities ~~bilat~~ Bilateral

UE & LE push/pull and grips strong. Moves all
extremities with purpose and coordination. Pupils equal, round

Comfort level: Pain rates at 2 (0-10 scale) Location: ABDOMEN

Psychological/Social (affect, interaction with family, friends, staff)

patient is calm and relaxed. Readily responds to
questions, responsive facial expressions.

Reacts with family and staff appropriately
friendly and cheerful in conversation

and
reactive
to light
@ 3mm
NO SLURRING
OR
DIFFICULTY
SPEAKING

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Facial features symmetrical, NO drainage
of eyes, ears or nose/mouth. Nodes palpable without
pain. Teeth fully intact. Sclera white without edema
able to swallow, cough and gag reflex intact

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest is symmetrical, breath sounds equal and
strong in upper lobes with crackles in lower lobes
anterior and posterior. Rate: 18 on RA, rhythm is
regular with NO accessory muscle use. Depth is moderate

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S₁ and S₂ auscultated, apical rate: 93. Radial ^{and}
rate: 10. Radial 2+ bilaterally. Left pedal 2+ ^{regular}
left post tib 2+. R pedal and post tib N/A b/c
of BKA. Regular sinus rhythm, regular pattern

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) ABDOMEN SOFT AND NOT DISTENDED

NO TENDERNESS IN ANY QUADRANTS ON PALPATION
ABDOMEN SYMMETRICAL, LAST BM SOFT AND DARK
BROWN 2/14 WITH NO FRESH BLOOD Last BM 2/14/23

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) PATIENT FULLY CONTINENT WITH BRP, URINAL
USED TO MEASURE ACCURATE OUTPUT, NO FREQUENCY OR
URGENCY, YELLOW AND CLEAR URINE WITH NO FOUL ODOR
NO PERINEAL BLEEDING OR DISCHARGE -

X3 Urine output (last 24 hrs) 900 LMP (if applicable) N/A

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

SPINAL ALIGNMENT: STRAIGHT AND SYMMETRICAL
POSTURE UPRIGHT, MOBILE W/O ASSISTANCE
STEADY GAIT, MOVES EXTREMITIES VOLUNTARILY AND
MEANINGFUL, (R) BKA, NO DEFORMITIES

Skin (skin color, temp, texture, turgor, integrity)

SKIN COLOR APPROPRIATE FOR RACE, TEMP IS WARM
SKIN SMOOTH, SOFT AND INTACT
NO CYANOSIS
SKIN TURGOR WITHIN NORMAL LIMITS - ELASTIC

Wounds/Dressings

(L) 20g INT - Dressing CDI
(R) LOWER QUADRANT STOMA - Dressing w/ COLIC STOMY
BAG - INTACT WITH NO LEAKAGE

Other

Diagnostic Worksheet

Mark high / low values with (↑ or ↓)	Covenant Normal Values <small>*Diagnostic values vary from laboratory to laboratory.</small>	Dates	
		Admit day	Most Recent
CBC	WBC 3.6-10.8 K/uL	2/13	2/19
HGB 14-18 g/dL	7.3		
HCT 42% - 52%	22.3		
RBC 4.7-6.1 m/uL	2.49		
PLT 150 - 400 K/uL	105		
CMP	Glucose 70-110 mg/dL	211	110
Sodium 134 - 145 mmol/L	135	137	
Potassium 3.5 - 5.3 mmol/L	4.1	3.9	
BUN 9-21 mg/dL	14	27	
Creatinine 0.8-1.5 mg/dL	1.34	1.80	
Chloride 98 - 108 mmol/L	102	110	
Calcium 8.4 - 11.0 mg/dL	8.8	7.9	
Mg++ 1.6 - 2.3 mg/dL			
Total Protein 5.5 - 7.8 g/dL	10.1	7.8	
Albumin 3.4 - 5 g/dL	2.6	2.2	
Total Bilirubin 0.1 - 1.3	0.5	0.3	
AST (SGOT) 5 - 45 u/L	8	14	
ALT (SGPT) 7-72 u/L	8	11	
Alk Phos (ALP) 38 - 126 u/L	141	91	
Lipid Panel	Cholesterol 200mg/dL		
TRIG 0-150 mb/dL			
HDL >60mg/dL			
LDL 0-100 mg/dL			
Common	GFR	Refer to lab specific data	
TSH 0.35 - 5.5 UIU/L			
Digoxin 0.8 - 2 ng/dL			
PT 10.0 - 12.9 secs	14.4		
INR Therapeutic 2 - 3	1.1		
PTT 25.3 - 36.9 secs			
BNP 5 - 100 pg/dL			
CKMB 0 - 5 ng/dL			
Troponin neg = < 0.07 ng/mL			

Mark high / low values with (↑ or ↓)	Covenant Normal Values <small>*Diagnostic values vary from laboratory to laboratory.</small>	Dates	
		Admit day	Most Recent
S	Sp Gravity		
Protein			
Glucose			
Ketone			
Nitrite			
Leukocytes			
Bilirubin			
Blood			
pH			
Other Labs	Culture	Site	Result
Blood			
Urine			
Wound			
Wound			
Other Diagnostic / Procedures Examples: CT/XRAY/MRI/Paracentesis			
Date	Type	Result	
2/13	SWAYAL PATHO	ANTIBIOTIC SENSITIVITY	
2/13	CT ABDOMEN	GI BLEED	
Point of Care Glucose Results			
Date	Time	Result	Date
2/12		207 ↑	
2/13		152 ↑	
2/14		147 ↑	