Reflective Question Assignments

Scenario 2: Asthma/Pneumonia

1) List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

> First, I wash my hand and introduce myself to Sabina, next I verified the patient identity compare to armband. I ask if there are any allergies, and I educate the patient and the parents on what I'm going to do. I check Sabina mucous membrane and perform a respiratory assessment and attach pulse ox to monitor O2 sat. next I give the child a toy and assess the IV site and fluid. I give the medication as in order and call the doctor because the o2 sat is not increasing. After I call the doctor, I apply non rebreather mask and increase oxygen to 10 ml per minute and apply nebulizer treatment as in order. I recheck O2 sat, and it increase to 95% and I educate the patient and family on the child condition, and I ended my scenario.

2) What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

> If Sabina symptoms was not recognized, I think it could lead to hypoxia because her O2 is not increasing and if it is not caught in time, I think we would have to code her and intubate her. If the symptoms were not recognized, it could also lead to damage to the lungs and it could also lead to sepsis.

3) As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

> good hand hygiene, teach the patient and family to finish all the antibiotics as prescribed. Teach the family that if the fever re occur after the antibiotic was finish, to contact the doctor. Teach the patient to use pulse ox to obtain the O2 sat.

4) Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

> I think I would call the doctor before giving the medication because she seems like she is in respiratory distress and the O2 sat is dropping, so I would like to see what the doctor wants to do, and I can give the medication after calling the doctor.

5) Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

> After doing the scenario, it help me to identify how a patient would look like when is in respiratory distress and it help me on what step I need to do to help a actual patient such as elevate head of bed, obtain O2 sat and what to do if the O2 sat keep dropping.