

## Question

In maternal population, how does understanding and supporting the fundamentals needs of birthing mothers, support mothers in the Neonatal setting affect the outcome to comprehend and understand the Maternal and NICU care?

## Summary

Understanding the value of communication and support given to all mother's is an essential part to achieve improved understanding and knowledge to maternal and neonatal care. This is known as Respectful Care which is shown to improve outcomes in patient course of care. "Respectful Maternity Care (RMC) is defined as the preservation of a birthing person's dignity, choices, and preferences during birth and during the postpartum period. Respectful Care has been and continues to be a priority for maternal and neonatal outcomes." According to *Neonatology Today Journal*, ensuring all maternal population is receiving the same respectful care and support will be the key factor to understanding care for the maternal population. The article goes on to say "Providing support to the mother/birthing person to assure opportunities for bonding and care provision are essential." With the bundle concept the article talks about readiness, recognition, response, reporting and learning system. "In 2021, a 5<sup>th</sup> bundle element will be incorporated into the Alliance for Innovation on Maternal Health (AIM) patient care bundles. Understanding the value and importance of Respectful Care in the neonatal care setting is and will be an essential conversation to engage."(Rochin,2021.) Incorporating these concepts benefit to set an outline for all birthing mothers to ensure better outcomes for both mothers and newborns. In the *BioMed Central (BMC)* article "This study aimed to explore health care staff and mothers' experiences of meeting the mothers support needs in the NICU." The study adopts the five- step Framework conducted by Roper and Shapira, the main theme is to "reassure the mothers, supporting the mothers with reduced functional capacity, providing information." At the end of these study, "health care workers recognized maternal support as a necessity and described the workload as a barrier to maternal support at the NICU" (Negarandeh et al.,2021). In the article *Effects of Parent-Provider communication during infant hospitalization in the NICU on parents*, the idea is to increase functions of communication during the NICU stay. "Within the function of *building and maintaining relationships*, three studies reported on communication interventions or exposures concerning supportive or inclusive communication."(Nanon et al.,2021) The NICU Communication Framework emphasizes the support and knowledge given to parents and how focusing on five outcomes: coping, knowledge, participation, parenting and satisfaction increased response understanding the overall course of care.

## Conclusion

In conclusion the research shows improved support to mothers affect the overall experience to understand the course of patient care. Being able to establish good communicate and rapport with maternal/birthing person allows to have a better outcome in Maternal and Neonates care. Understanding the value of a good foundation will be priority to ensure the maternal population is receiving necessary support. Allowing the rights of each mother by providing

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respectful care, needed communication between healthcare workers/Mother's and being explained needed information allows for comprehension by Maternal population.

### **Work Cited**

#### **Primary Article**

Rochin, E. (2021, February 1). *Respectful care in the neonatal intensive care unit*. Neonatology Today. Retrieved February 6, 2023, from [https://neonatologytoday.org/Archive/html/NeonatologyToday\\_2021\\_2\\_16\\_2\\_25\\_27.html](https://neonatologytoday.org/Archive/html/NeonatologyToday_2021_2_16_2_25_27.html)

#### **Secondary Article**

Negarandeh, R., Hassankhani, H., Jabraeili, M., Abbaszadeh, M., & Best, A. (2021, July 21). *Health care staff support for mothers in NICU: A focused ethnography study - BMC pregnancy and childbirth*. BioMed Central. Retrieved February 5, 2023, from <https://bmcpregnancychildbirth.biomedcentral.com/articles/10.1186/s12884-021-03991-3>

#### **Tertiary Article**

Nanon, L., Van, N., & Rudolph, R. (2021, May 6). *Effects of parent-provider communication during infant hospitalization in the NICU on parents: A systematic review with meta-synthesis and narrative synthesis*. Patient Education and Counseling. Retrieved February 6, 2023, from <https://www.sciencedirect.com/science/article/pii/S0738399121002883>