

Nick Nguyen

02/05/2023

LGBTQ+ reflection

After watching and doing the activities, I have learned that there is a lot of concept about people in the LGBTQ+ community that I did not know about because I have never really looked into it. For the video growing up trans, these child start to identify of their sexuality at a really young age and wanting to change their gender. I think the first stress they experience is talking to their parents about how they feel because the parents are the role model and depend on how supportive the parents is will either help or damage the child. When puberty start, it is really stressful for the child because their body start to grow and the stop hormone treatment could help them to slow the process down and it could help them to wait for the surgery to transition. Some of these child could be in depression because there are a lot of people will not accept them of who they are and it is really concerning because they are more likely to attempt suicide. Some of the parents can not accept the transition treatment and surgery is because it's not that they don't accept their child to change but they are scare of how the treatment and surgery will do to their child body like the risk and benefits, concern of what is the risk factor or what disease the surgery it could lead to. After watching the video and doing the activities, it will change my nursing practice on caring for people in the community by being supportive of what the patients want such as calling by the name that they wanted to call by. It is better to ask questions if I'm unsure on how to call them because there is a lot of pronouns that other people wanted to call by other people. For doing assessment, I would do the assessment as I did with all the patients to make them feel accepted. I think that people in the LGBTQ+ community is being discriminated in the hospital because there will be some people who will not accept them and I think we need

to speak up and protect your patients because we are the patients advocate and we need to make sure that the patients feel safe and provide a safe environment for our patients.