

LGBTQ+ Reflection

In accordance to the Texas nurse Association, we are to “Provide, without discrimination, nursing services regardless of age, disability, economic status, gender, national origin, race, religion, health problems, or sexual orientation of the client serves”. Whether or not we agree with their decisions, as a healthcare professional we must respect them since they are the expert in their own lives. The nursing simulation scenario: Trans and gender non-Conforming identified Patient care video stood out to me the most. It is extremely difficult for these patients to express themselves especially in unfamiliar environment where they think they are always been judged. The scenario that is portrayed was a breakdown as to how some of these individuals are not given proper care or treatment. Them being unable to effectively communicate their concerns due to barrier of judgement is a concern to healthcare professionals especially when we want to treat them holistically. The nurse-to-patient scenario was a discussion that focuses best on patient-centered engagement. The nurse was able to catch on that this patient was uncomfortable and anxious. She was able to fully communicate with him through questioning as to how the patient preferred to be called? And explaining that there’s a need for education with the staff to effectively communicate with them. At the end the patient opened up to her and addresses his concern in regard to the issue and health problems. The nurse was able to communicate to the doctor and educate staff members on this matter. Furthermore, the growing up trans video is really an eyeopener to me. The documentary primarily gives the young people, whose ages range from nine – 19, the opportunity to express their own desires. The end result is a fair representation of the challenges that trans youth encounter in communicating their identity to others and around them as well as the obstacles that their loved ones must surmount. The medical aspect of transition is by far the most controversial aspect of growing up trans. Overall, the kids’ families are supportive and interested helping them to thrive. In conclusion, LGBTQ+ community is a growing population and in terms of healthcare association they must be treated respectfully like every patient.