

Student Name: LAUREN MCKINNEY

Date: 1/31/23

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0845 - ADMITTING DIAGNOSIS OF ACUTE CHRONIC RESPIRATORY FAILURE \bar{c} HYPOXIA AND HYPERCAPNIA. AWAKE ON PHONE, WANTS TO SPEAK TO DOCTOR. SLIGHTLY AGGRAVATED

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

ALERT AND ORIENTED $\times 4$, SENSATION IN ALL EXTREMITIES, STRONG HGTV ^{LM} AND PUSTLES, COORDINATION INTACT AND FOLLOWS SIMPLE COMMANDS. SPEECH IS ~~OF~~ CLEAR TO AUSCULTATION. PERIL INTACT. PUPIL DIAMETER 3mm.

Comfort level: Pain rates at 8 (0-10 scale) Location: ABD

Psychological/Social (affect, interaction with family, friends, staff)

HOSTILE / AGGRAVATED AFFECT, DOES RESPOND APPROPRIATELY \bar{c} STAFF. NO FAMILY OR FRIENDS AT THE BEDSIDE.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) NECK AND CHEST SYMMETRICAL, NO ABNORMAL ^{LM}

DRAINAGE OF THE EENT. PT HAS DENTURES AND ORAL MUCOSA PINK AND MOIST. NASAL MUCOSA MOIST \bar{c} REDNESS TO THE NOSE OR EARS FROM NC NO NODES OR

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern) DIFFICULTY ^{LM} SWALLOWING

CHEST AND SHOULDERS SYMMETRICAL, BREATH SOUNDS CLEAR TO AUSCULTATION AT 18 BREATHS PER MINUTE. ON 3L O2 @ 9L \bar{c} 70 VIA NC. BREATHING WITHOUT DISTRESS OR USE OF ACCESSORY MUSCLES; ^{LM} ~~WARRING~~ DEPTH AND PATTERN

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern) NORMAL ^{LM} 2 PATIENT

NO GALLUPS OR MURMURS. APICAL RATE OF 98 ALONG WITH A RADIAL RATE OF 98. S1 AND S2 CTA OF SINUS RHYTHM. RADIAL PULSES 2+ BILAT AND PEDAL PULSES 1+ BILAT, SLIGHT SWELLING IN THE FEET \bar{c} PITTING. PULSE PATTERN EQUAL BILAT.

Student Name: Lauren McKinney

Date: 1/31/23

Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) PT STATES "I USE THE BATHROOM EVERY DAY"
AFTER I ASK ABOUT HER BM REGULARITY. ABD DISTENDED
IN UPPER QUADRANTS. ACTIVE BOWEL SOUNDS x 4 QUAD.
GURGLING PRESENT TO PALPATION Last BM 1/30/23

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) PT CONTINENT AND HAS BRP. URINATES
5 URGENCY AND ^{LM} OF PT STATES "GOES REGULARLY".
COLOR, CLARITY, ODOR NOT ASSESSED BUT PT STATES
"YELLOW AND NO ODOR". NO BLEEDING OR DISCHARGE

Urine output (last 24 hrs) _____ LMP (if applicable) NOT ASSESSED (OLDER)

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)
ALIGNMENT APPROPRIATE TO PATIENT. HEAD ABOVE
SHOULDERS. NO CHIN TUCK. MOVES ALL EXTREMITIES
WITHOUT DISCOMFORT. OF STEADY ^{LM} ~~GAIN~~ GAIT. X1
ASSIST 5 ASSISTIVE DEVICES. NO KNOWN
DEFORMITIES.

Skin (skin color, temp, texture, turgor, integrity)

SKIN COLOR NORMAL TO PT, WARM TO TOUCH AND
INTACT. SMOOTH TEXTURE AND SKIN TURGOR
WNL. SKIN INTACT 5 WOUNDS OR DRAINS.

Wounds/Dressings

^{LM} NONE (R) SUBCLAVIAN CL WITHOUT REDNESS OR
SWELLING. PLACED ON 1/26/23. TRIPLE LUMEN

Other

NDNE

86

Diagnostic Worksheet

Mark high / low values with (↑ or ↓)	Covenant Normal Values	Dates	
		Admit day	Most Recent
CBC			
WBC	3.6-10.8 K/uL	6.34	15.2
HGB	14-18 g/dL	16.2	10.9
HCT	42% - 52%	48.9	32.6
RBC	4.7-6.1 m/uL	5.31	3.48
PLT	150 - 400 K/uL	261	253
CMP			
Glucose	70-110 mg/dL	74	226
Sodium	134 - 145 mmol/L	138	140
Potassium	3.5 - 5.3 mmol/L	4.0	3.7
BUN	9-21 mg/dL	15	16
Creatinine	0.8-1.5 mg/dL	0.90	1.00
Chloride	98 - 108 mmol/L	104	103
Calcium	8.4 - 11.0 mg/dL	9.5	8.4
Mg++	1.6 - 2.3 mg/dL	2.3	2.3
Total Protein	5.5 - 7.8 g/dL	7.7	5.3
Albumin	3.4 - 5 g/dL	3.5	2.4
Total Bilirubin	0.1 - 1.3	0.2	0.2
AST (SGOT)	5 - 45 u/L	6	45
ALT (SGPT)	7-72 u/L	9	228
Alk Phos (ALP)	38 - 126 u/L	107	48
Lipid Panel			
Cholesterol	200mg/dL		
TRIG	0-150 mb/dL		
HDL	>60mg/dL		
LDL	0-100 mg/dL		
Common			
GFR	Refer to lab specific data		
TSH	0.35 - 5.5 ULU/L	0.68	
Digoxin	0.8 - 2 ng/dL		
PT	10.0 - 12.9 secs		
INR	Therapeutic 2 - 3		
PTT	25.3 - 36.9 secs		
BNP	5 - 100 pg/dL		
CKMB	0 - 5 ng/dL		
Troponin	neg = < 0.07 ng/mL	< 3	

Carven Metformin

Mark high / low values with (↑ or ↓)	Covenant Normal Values	Dates	
		Admit day	Most Recent
5			
Sp Gravity	1.005 - 1.030	1.027	1.014
Protein	Neg - trace	Neg	Neg
Glucose	Neg - trace	Neg	Neg
Ketone	Neg - trace	trace	Neg
Nitrite	Neg	Neg	Neg
Leukocytes	Neg	trace	Neg
Bilirubin	Neg	Neg	Neg
Blood	5.0 - 7.0	Neg	Neg
pH		5.58	7.5
Other Labs			
Bordetella	not detected		1/26/23
Culture			
Blood	peripheral		no growth
Urine			
Wound			
Wound			
Other Diagnostic / Procedures			
Examples: CT/May/MRI/Paracentesis			
Date	Type	Result	
1/26	SubCCL PLACED		
1/26	CXR	Stable bilat	
1/29	CXR - BILASULAR AT ELECTRICIS 2 MID VOL		
1/29	XP ABD	INTERMEDIATE PUB OVERLOAD	
Point of Care Glucose Results			
Date	Time	Result	Date

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Date:

Student Name:

Patient Allergies:

NS 500ml Bolus 250ml/hr (2hr)

Primary IV fluid and rate:

1 isotonic fluid

Generic Name	Dosage with route and schedule	IV-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Methylprednisolone (Sol-Medrol)	8mg 1025 mg/ml q8hrs	IVP - 1.28 ml over 2-4min	chronic resp failure (COPD) (lung disease)	<p>check</p> <p>check BP (↑) check RR (↑) check O2 (↓) check WBC</p>
Mometasone (Gingivair)	1 spray nightly	tab	chronic resp failure (COPD)	<p>check BP (HTN)</p> <p>check RR (↑)</p> <p>check for SOB (↑)</p> <p>check for wheezing</p> <p>check for cough</p> <p>check for sputum</p> <p>check for chest pain</p> <p>check for dizziness</p> <p>check for headache</p> <p>check for nausea</p> <p>check for constipation</p> <p>check for diarrhea</p> <p>check for urinary retention</p> <p>check for urinary incontinence</p> <p>check for blurred vision</p> <p>check for double vision</p> <p>check for changes in vision</p> <p>check for changes in hearing</p> <p>check for changes in taste</p> <p>check for changes in smell</p> <p>check for changes in touch</p> <p>check for changes in pain</p> <p>check for changes in temperature</p> <p>check for changes in pressure</p> <p>check for changes in vibration</p> <p>check for changes in motion</p> <p>check for changes in position</p> <p>check for changes in direction</p> <p>check for changes in speed</p> <p>check for changes in acceleration</p> <p>check for changes in deceleration</p> <p>check for changes in force</p> <p>check for changes in pressure</p> <p>check for changes in tension</p> <p>check for changes in stress</p> <p>check for changes in strain</p> <p>check for changes in deformation</p> <p>check for changes in fracture</p> <p>check for changes in dislocation</p> <p>check for changes in subluxation</p> <p>check for changes in sprain</p> <p>check for changes in strain</p> <p>check for changes in contusion</p> <p>check for changes in laceration</p> <p>check for changes in abrasion</p> <p>check for changes in excoriation</p> <p>check for changes in ulceration</p> <p>check for changes in burn</p> <p>check for changes in frostbite</p> <p>check for changes in radiation injury</p> <p>check for changes in chemical injury</p> <p>check for changes in electrical injury</p> <p>check for changes in mechanical injury</p> <p>check for changes in thermal injury</p> <p>check for changes in biological injury</p> <p>check for changes in psychological injury</p> <p>check for changes in social injury</p> <p>check for changes in cultural injury</p> <p>check for changes in spiritual injury</p> <p>check for changes in environmental injury</p> <p>check for changes in occupational injury</p> <p>check for changes in recreational injury</p> <p>check for changes in transportation injury</p> <p>check for changes in aviation injury</p> <p>check for changes in maritime injury</p> <p>check for changes in space injury</p> <p>check for changes in nuclear injury</p> <p>check for changes in biological injury</p> <p>check for changes in chemical injury</p> <p>check for changes in electrical injury</p> <p>check for changes in mechanical injury</p> <p>check for changes in thermal injury</p> <p>check for changes in biological injury</p> <p>check for changes in psychological injury</p> <p>check for changes in social injury</p> <p>check for changes in cultural injury</p> <p>check for changes in spiritual injury</p> <p>check for changes in environmental injury</p> <p>check for changes in occupational injury</p> <p>check for changes in recreational injury</p> <p>check for changes in transportation injury</p> <p>check for changes in aviation injury</p> <p>check for changes in maritime injury</p> <p>check for changes in space injury</p> <p>check for changes in nuclear injury</p>
Mycophenolate (Cellcept)	1000mg BID	tab	chronic resp failure (COPD)	<p>check BP (HTN)</p> <p>check RR (↑)</p> <p>check for SOB (↑)</p> <p>check for wheezing</p> <p>check for cough</p> <p>check for sputum</p> <p>check for chest pain</p> <p>check for dizziness</p> <p>check for headache</p> <p>check for nausea</p> <p>check for constipation</p> <p>check for diarrhea</p> <p>check for urinary retention</p> <p>check for urinary incontinence</p> <p>check for blurred vision</p> <p>check for double vision</p> <p>check for changes in vision</p> <p>check for changes in hearing</p> <p>check for changes in taste</p> <p>check for changes in smell</p> <p>check for changes in touch</p> <p>check for changes in pain</p> <p>check for changes in temperature</p> <p>check for changes in pressure</p> <p>check for changes in tension</p> <p>check for changes in stress</p> <p>check for changes in strain</p> <p>check for changes in deformation</p> <p>check for changes in fracture</p> <p>check for changes in dislocation</p> <p>check for changes in subluxation</p> <p>check for changes in sprain</p> <p>check for changes in strain</p> <p>check for changes in contusion</p> <p>check for changes in laceration</p> <p>check for changes in abrasion</p> <p>check for changes in excoriation</p> <p>check for changes in ulceration</p> <p>check for changes in burn</p> <p>check for changes in frostbite</p> <p>check for changes in radiation injury</p> <p>check for changes in chemical injury</p> <p>check for changes in electrical injury</p> <p>check for changes in mechanical injury</p> <p>check for changes in thermal injury</p> <p>check for changes in biological injury</p> <p>check for changes in psychological injury</p> <p>check for changes in social injury</p> <p>check for changes in cultural injury</p> <p>check for changes in spiritual injury</p> <p>check for changes in environmental injury</p> <p>check for changes in occupational injury</p> <p>check for changes in recreational injury</p> <p>check for changes in transportation injury</p> <p>check for changes in aviation injury</p> <p>check for changes in maritime injury</p> <p>check for changes in space injury</p> <p>check for changes in nuclear injury</p>
Piperacillin tazobactam (Zosyn)	3.375g TID	IVPB 100ml NS 25ml/hr	chronic resp failure (COPD)	<p>check BP (HTN)</p> <p>check RR (↑)</p> <p>check for SOB (↑)</p> <p>check for wheezing</p> <p>check for cough</p> <p>check for sputum</p> <p>check for chest pain</p> <p>check for dizziness</p> <p>check for headache</p> <p>check for nausea</p> <p>check for constipation</p> <p>check for diarrhea</p> <p>check for urinary retention</p> <p>check for urinary incontinence</p> <p>check for blurred vision</p> <p>check for double vision</p> <p>check for changes in vision</p> <p>check for changes in hearing</p> <p>check for changes in taste</p> <p>check for changes in smell</p> <p>check for changes in touch</p> <p>check for changes in pain</p> <p>check for changes in temperature</p> <p>check for changes in pressure</p> <p>check for changes in tension</p> <p>check for changes in stress</p> <p>check for changes in strain</p> <p>check for changes in deformation</p> <p>check for changes in fracture</p> <p>check for changes in dislocation</p> <p>check for changes in subluxation</p> <p>check for changes in sprain</p> <p>check for changes in strain</p> <p>check for changes in contusion</p> <p>check for changes in laceration</p> <p>check for changes in abrasion</p> <p>check for changes in excoriation</p> <p>check for changes in ulceration</p> <p>check for changes in burn</p> <p>check for changes in frostbite</p> <p>check for changes in radiation injury</p> <p>check for changes in chemical injury</p> <p>check for changes in electrical injury</p> <p>check for changes in mechanical injury</p> <p>check for changes in thermal injury</p> <p>check for changes in biological injury</p> <p>check for changes in psychological injury</p> <p>check for changes in social injury</p> <p>check for changes in cultural injury</p> <p>check for changes in spiritual injury</p> <p>check for changes in environmental injury</p> <p>check for changes in occupational injury</p> <p>check for changes in recreational injury</p> <p>check for changes in transportation injury</p> <p>check for changes in aviation injury</p> <p>check for changes in maritime injury</p> <p>check for changes in space injury</p> <p>check for changes in nuclear injury</p>
pregabalin (Lyrica)	75mg TID + tab	tab	chronic pain syndrome	<p>check BP (HTN)</p> <p>check RR (↑)</p> <p>check for SOB (↑)</p> <p>check for wheezing</p> <p>check for cough</p> <p>check for sputum</p> <p>check for chest pain</p> <p>check for dizziness</p> <p>check for headache</p> <p>check for nausea</p> <p>check for constipation</p> <p>check for diarrhea</p> <p>check for urinary retention</p> <p>check for urinary incontinence</p> <p>check for blurred vision</p> <p>check for double vision</p> <p>check for changes in vision</p> <p>check for changes in hearing</p> <p>check for changes in taste</p> <p>check for changes in smell</p> <p>check for changes in touch</p> <p>check for changes in pain</p> <p>check for changes in temperature</p> <p>check for changes in pressure</p> <p>check for changes in tension</p> <p>check for changes in stress</p> <p>check for changes in strain</p> <p>check for changes in deformation</p> <p>check for changes in fracture</p> <p>check for changes in dislocation</p> <p>check for changes in subluxation</p> <p>check for changes in sprain</p> <p>check for changes in strain</p> <p>check for changes in contusion</p> <p>check for changes in laceration</p> <p>check for changes in abrasion</p> <p>check for changes in excoriation</p> <p>check for changes in ulceration</p> <p>check for changes in burn</p> <p>check for changes in frostbite</p> <p>check for changes in radiation injury</p> <p>check for changes in chemical injury</p> <p>check for changes in electrical injury</p> <p>check for changes in mechanical injury</p> <p>check for changes in thermal injury</p> <p>check for changes in biological injury</p> <p>check for changes in psychological injury</p> <p>check for changes in social injury</p> <p>check for changes in cultural injury</p> <p>check for changes in spiritual injury</p> <p>check for changes in environmental injury</p> <p>check for changes in occupational injury</p> <p>check for changes in recreational injury</p> <p>check for changes in transportation injury</p> <p>check for changes in aviation injury</p> <p>check for changes in maritime injury</p> <p>check for changes in space injury</p> <p>check for changes in nuclear injury</p>

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Date:

Student Name:

Patient Allergies:

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic, hypertonic):

sucrafate (Carafate)	1g tab TID	tab	GERD?	<ul style="list-style-type: none"> report constipation review glucose before admin (hyperglycemia, report allergic reaction)
sulfamethoxazole 800-160mg trimethoprim (Bactrim DS) 3x week	tab	tab	BOOP (pneumonia)	<ul style="list-style-type: none"> report N/V/D report rash/hives call 2 get OOB (dizzy) CHECK BUN/CREATININE FREQUENTLY
doxepine (seraque)	100mg daily	tab	Bipolar	<ul style="list-style-type: none"> call 2 get OOB (DIZZY) VISION CHANGE REPORT CONSTIPATION OR DIARRHEA KEEP EYE OUT FOR PERIPH EVENT CHECK LABS FREQUENTLY
mag sulfate	2g/5mL daily	IVPB 25mL/hr 2g dose	↓ mag level	<ul style="list-style-type: none"> CAN CAUSE HYPOTENSION, REPORT LOW BP POUNSH = CALL 2 GET OOB CHECK MOVEMENT EXT (CAN DEPRESS) CHECK LABS (↓)
mag oxide (mag Ox)	0-800mg daily tab	tab	↓ mag level	<ul style="list-style-type: none"> REPORT GI IRRITATION CAN CAUSE N/V/D CALL 2 GET OOB (WEAKNESS) check check on kidney functions

Medication reference:

Micro (MOEX) (EPIC)

EPICPATES