

Student Name: Saul Benavidez

Date: 01/31/2023

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment: 0930

Admit Diagnosis: Appendicitis

General appearance: Alert, oriented, and friendly. Sitting up in chair and ready to go walking.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented x4 to person, place, time, event. Face x2. Arms x2, legs x2.

Grips: bilaterally strong. Pushes: bilaterally strong. Coordinated and moves purposeful.

Speaks English clearly. PERRLA: 3 mm equal round bilateral. Cardinal gaze: direct responses

Comfort level: Pain rates at 2 **(0-10 scale) Location:** Abdomen

Psychological/Social (affect, interaction with family, friends, staff)

Cheerful affect. Interacts appropriately with family and staff.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) EENTM: Symmetrical without drainage. Dentation intact. No teeth missing.

No palpable lymph nodes. Swallows with no difficulties.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical. Trachea midline. Breath sounds clear in all lobes, deep and shallow eupnea

RR: 18 even and unlabored. O2 sat on room air. 95%.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 & S2 even rate and rhythm. Apical rate 75. Radial pulses strong 2+ bilaterally, Pedal pulses

strong 2+ bilaterally with rate of 69. No edema noted. Blood pressure 138/73. Denied chest

pain or discomfort. Nail beds pink capillary refill <2-3 seconds

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) _____

Bowel habits: Every other day. Brown stool. Type 4 smooth soft sausage or snake (Not observed)

Abdominal flat, soft and tender x 4 quadrants near laparoscopic incisions. Hyperactive bowel sounds x4 quadrants. No bowel movement since 01/30/2023 post-op Last BM 01/29/2023

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) _____

Urine dark yellow urine every hour and a half to two hours without urgency. Continent and denies odor, discharge, or pain. Patient uses urinal at bedside.

x4 **Urine output** (last 24 hrs) 1300 mL **LMP** (if applicable) N/A Male

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)
Alignment even. Posture upright. Walks without assistance. Gait steady with full range of motion. No deformities noted.

Skin (skin color, temp, texture, turgor, integrity)

Skin color appropriate for race. Temperature warm and dry x 4. Impaired skin integrity and not intact with bruising, redness, and tender to touch in abdomen post-surgery. Swelling around incision sites x5. Turgor elastic.

Wounds/Dressings

Abdominal incisions x 5 reddened and swelling without drainage, open to air with sutures intact.

Other

Right Femoral Venous Line 20 g started 01/30/2023