Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: Miranda Martinez **Date:** 1/31/23

Patient Allergies: NKA

Primary IV fluid and rate: NS 0.9%, Rate: 75mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

- Isotonic
- Hx: Septic

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
NS 0.9% Continuous ?	Continuous	Rate 75mL/hr	· Help treat Sepsis	· Monitor fluid overload ↳ Daily weight, weigh yourself, on same scale, same time, same clothes · Call Dr ↳ Gain 2lbs in a day or 5lbs in a week · Call to get up ↳ it may be hard to Manage pole while walking ↳ Don't want to rip out I.V.
CefTRIAXone (Rocephin)	· IV Push · 2g · Daily	· Dilute with NS ↳ 20mL	– Patient is getting treated for possible Septic reccurance	· Can wash out good flora in GI ↳ May experience diarrhea ↳ Drink fluids to prevent dehydration · Don't abruptly STOP medication ↳ can cause rebound of infection & can lead to MRSA
Cetirizine (zyrTEC)	- 10mg - Oral - Daily		· Antihistamine · Patient had covid recently & it helps manage Symptoms	· can make you drowsy ↳ call to get up ↳ Don't want you to fall · Can cause fatigue ↳ might feel tired ↳ call for assistance
Citolopram (Celexa)	- 20 mg - oral/PO - Daily		· Patient has history of Anxiety and depression	★ Black Box Warning ↳ Suicial ideation · Watch for behavioral changes - Not wanting to live anymore · may cause dizziness ↳ Don't get up without help
Pantoprazole (Protonix)	· IVP · 40mg · T.I.D	· 10mL of NS = 40mg · NS → 4mg/mL · Push of at least 2 minutes	· Hx of Acid reflux	· Do not chew tablets ↳ Swallow whole → Needs to be dissolved in stomach · Take 30 min. before meals ↳ Want it to absorb in gi to prevent reflux

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Senna (SENOKOT)	· 17.2mg · PO · Daily		- Laxative	· Don't double dose if missed ↳ x2 effects of drug · Drink fluids (8 cups) ↳ prevent dehydration
Vancomycin	IVPB 1g / 250mL every 8hrs	Rate: 250/1hr	· Possible Septic reccurance	· May cause tinnitus - Notify DR. → May cause permenant hearing loss · Report to DR if you experience a rash - Vanco flushing Syndrom · Give at ordered rate → affect systemic response ↳ Hypotension, tachycardia
Morphine	- IVP - 4mg - Q.1.D	· push slowly over a period of 4min. or more	· Pain of Neck & back	★ Can cause respiratory depression · Count respirations before administration · Don't give if Lower than 12 RR per minute ★ Can cause constipation · take a stool softener to prevent bowel obstruction

Medication reference:

- Epocrates. (2019). Epocrates Medical References (Verson 18.12) [Mobile app]. App Store.