Student Name: Haven Wisdom Date: 1/31/23

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)
TIME 0930
ADMIT DIAGNOSIS: CHEST PAIN, ACUTE KIDNEY INJURY
General appearance: Well groomed, appropriate for age, well nourished, 72 y/o MALE

Neurological–sensory (LOC, sensation, strength, coordination, speech, pupil assessment)
ALERT AND ORIENTED x4 (PERSON, PLACE, TIME, SITUATION) SENSATION IN TACT x4, PATIENT ABLE TO DIFFERENTIATE SHARP/DULL SENSATION, MOVEMENT PURPOSEFUL AND COORDINATED, PUPILS EQUAL, ROUND, AND REACTIVE TO LIGHT @ 3 mm, BILATERAL HAND GRASP/TOE WIGGLE STRONG, SPEAKS clearly in English

Comfort level: Pain rates at 8 **(0-10 scale) Location:** ABDOMEN / CHEST

Psychological/Social (affect, interaction with family, friends, staff)
READILY RESPONDS TO QUESTIONS, FACIAL EXPRESSIONS RESPONSIVE, REACTS WITH DAUGHTER AND STAFF APPROPRIATLY FOREWARD EXPRESSION. FRIENDLY AND CHEERFUL WITH FRIENDS, FAMILY, AND STAFF

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) FACE AND FACIAL FEATURES symmetrical, NO DRAINAGE OF EYES, EARS, NOSE, THROAT OR MOUTH. NODES PALPABLE - TEETH INTACT, ABLE TO SWALLOW WITH NO ISSUES, SCLERA WHITE

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)
CHEST SYMMETRICAL, BREATH SOUNDS DIMINISHED IN LOWER QUADRANTS ON INHALE & EXHALE, RESPIRATORY RATE: 16, EQUAL BREATH RHYTHM, ABLE TO TAKE DEEP BREATH WITHOUT USE OF ACESSORY MUSCLES, PATTERN EQUAL AND REGULAR

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)
S1 AND S2 AUSCULTATED, APICAL RATE 45 BPM, RADIAL RATE 48 BPM, RADIAL 2+, PEDAL 1+, POST-TIB 2+

Adopted: August 2016

Student Name: _____ Date: _____

Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) ABDOMEN FIRM AND DISTENDED, BOWEL SOUNDS HYPOACTIVE x4 QUADRANTS, NO TENDERNESS TO PAPITATION, LAST BM "FIRM, BROWN AND SNAKE LIKE" ON 1/28

Last BM 1/28/23

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) PATIENT FULLY CONTINENT WITH BRP, URINAL IN BATHROOM TO MEASURE ACCURATE OUTPUT, NO FREQUENCY OR URGENCY NOTED, URINE IS CLEAR, YELLOW AND ODORLESS, NO BLOOD IN URINE - VOIDED THREE TIMES TOTAL 400 ML

3x **Urine output** (last 24 hrs) 400 **LMP** (if applicable) N/A (MALE) NO VAGINAL BLEEDING OR DISCHARGE PATIENT IS MALE

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) SPINAL ALIGNMENT: STRAIGHT & SYMMETRICAL POSTURE UPRIGHT, MOBILE W/O ASSISTANCE, STEADY GAIT, MOVES EXTREMITIES VOLUNTARY AND MEANINGFUL, NO DEFORMITIES

Skin (skin color, temp, texture, turgor, integrity) SKIN COLOR APPROPRIATE FOR RACE, TEMP IS WARM, SKIN SMOOTH, SOFT AND INTACT, NO CYANOSIS. TURGOR ELASTIC

Wounds/Dressings (R) AC 20g INT - DRESSING CDI

Other

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: Haven Wisdom **Date:** 1/31/23

Patient Allergies: penicillin

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning 2
AMLODIPINE (NORVASC)	10 mg TAB PO Daily		HYPERTENSION	-can cause hypotention use call light to prevent fall risk -REPORT stabbing chest pain: can cause MI
ATORVASTATIN (LIPITOR)	80 mg PO Daily		Hyperlipidemia	-REPORT painful urination can cause UTI -can cause musculoskeletal pain: remain MOBILE to decrease pain and stiffness
PANTOPRAZOLE (PROTONIX)	40 mg IVP Daily	IVP- Normal SALINE	GERD	-can cause diarrhea REPORT TO AVOID E⁻ imbalance -REPORT pain @ IV SITE- can be thrombophlebitis TO AVOID emboliSMS
ONDANSETRON (ZOFRAN)	4 mg IVP PRN		Nausea / vomiting	-ask IF ASTHMATIC- causes Bronchospasms DO NOT GIVE IF asthmatic -CONSTIPATION: REPORT TO AVOID BOWEL OBSTRUCTION
carvedilol (COREG)	3.125 mg Tab PO BID		Heart disease ↳ PT. SPECIFIC: CAD	-MONITOR S/S OF LOW BLOOD GLUCOSE and frequent accucheck- can cause hyperglycemia -can cause dizziness can before getting up TO AVOID falls -MONITOR S/S OF INFECTION - can cause leukopenia

MEDICATION REFERENCE: EPOCRATES. (n.d.) RETREIVED JAN 31, 2023, FROM HTTPS://ONLINE.EPOCRATES.COM/

Diagnostic Worksheet

UA
* only pravin on admit date

Mark high / low values with (↑ or ↓)		Covenant Normal Values *Diagnostic values vary from laboratory to laboratory.	Dates 1/30 Admit day	Dates 1/31 Most Recent		
CBC	WBC	3.6-10.8 k/uL		15.30		↑
	HGB	14-18 g/dL	9.8	9.0	↓	↓
	HCT	42% - 52%	29.0	24.9	↓	↓
	RBC	4.7-6.1 m/uL		2.49		↓
	PLT	150 - 400 k/uL		285		
CMP	Glucose	70-110 mg/dL	104	113	↑	↑
	Sodium	134 - 145 mmol/L	134	141	↓	
	Potassium	3.5 - 5.3 mmol/L	5.0	5.0		↑
	BUN	9-21 mg/dL				
	Creatinine	0.8-1.5 mg/dL	2.40	1.90	↑	↑
	Chloride	98 - 108 mmol/L				
	Calcium	8.4 - 11.0 mg/dL	9.0	9.0		
	Mg++	1.6 - 2.3 mg/dL				
	Total Protein	5.5 - 7.8 g/dL	7.9			
	Albumin	3.4 - 5 g/dL	3.9			
	Total Bilirubin	0.1 - 1.3	0.2			
	AST(SGOT)	5 - 45 u/L	20			
	ALT (SGPT)	7-72 u/L	34			
	Alk Phos (ALP)	38 - 126 u/L				
Lipid Panel	Cholesterol	200mg/dL				
	TRIG	0-150 mb/dL				
	HDL	>60mg/dL				
	LDL	0-100 mg/dL				
Common	GFR	Refer to lab specific data				
	TSH	0.35 - 5.5 ULU/L				
	Digoxin	0.8 - 2 ng/dL				
	PT	10.0 - 12.9 secs				
	INR	Therapeutic 2 - 3				
	PTT	25.3 – 36.9 secs				
	BNP	5 - 100 pg/dL				
	CKMB	0 - 5 ng/dL				
	Troponin	neg = < 0.07 ng/mL				

Mark high / low values with (↑ or ↓)		Covenant Normal Values *Diagnostic values vary from laboratory to laboratory.	Dates 1/30 Admit day	Dates 1/31 Most Recent		
UA	Sp Gravity		1.015			
	Protein		NEG			
	Glucose		NEG			
	Ketone		NEG			
	Nitrite		NEG			
	Leukocytes		NEG			
	Bilirubin		NEG			
	Blood		NEG			
	pH		5.0			
Other Labs						

Date	Culture	Site	Result
	Blood		
	Urine		
	Wound		
	Wound		

Other Diagnositic / Procedures
Examples: CT/Xray/MRI/Paracentesis

Date	Type	Result
1/30	chest X-ray	NO ABNORMALITIES
1/30	ABDOMINAL CT	KIDNEY ATROPHY
1/30	EKG	NORMAL
1/30	ULTRASOUND	AKI on CDI

Point of Care Glucose Results

Date	Time	Result	Date	Time	Result