

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: Allie Meade

Date: 1/31/23

Patient Allergies: NKA

Primary IV fluid and rate: sodium chloride 0.9% (NS) infusion 100mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Apixaban (Eliquis)	5mg Cap. PO (2x daily)		For A-fib	<p>Black box warning</p> <ul style="list-style-type: none"> - teach patient s/s of bleeding-hemorrhage - if having surgery / or going to the dentist must say they are taking this med - teach patient not to discontinue this med abruptly-rebound
Aspirin	81mg PO daily		For A-fib & prevention of MI or stroke	<ul style="list-style-type: none"> - teach patient s/s of bleeding-hemorrhage - teach patient to take at same time every day with a glass of water
Atorvastatin (Lipitor)	40mg tab PO daily		Cardiovascular risk Hyperlipidemia	<ul style="list-style-type: none"> - do not take with grapefruit - teach about risk of Rhabdomyolysis → potential risk for damaging kidneys & what to look for
Cholecalciferol (vitamin D-3)	25mcg tab PO daily		prophylaxis	<ul style="list-style-type: none"> - teach patient about hypercalcemia and what symptoms you may have - Avoid additional vitamin D supplements
Cyanocobalamin (vitamin B12)	1000mcg tab PO daily		prophylaxis	<ul style="list-style-type: none"> - Avoid taking alcohol - report if respiratory congestion occurs

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Midodrine (propramidine)	10mg tab PO 3x daily		syncope	<ul style="list-style-type: none">- Teach them to monitor their blood pressure at home- Do not take this medicine right before bed- Black Box warning

Medication reference:

IBM Micromedex Drug Reference. (2023). (Version 3.0.0) [mobile app]. Apple app store
<https://apps.apple.com/us/app/micromedex-drug-reference/id166520138>