

Reflective Question Assignments

Scenario 3: Dehydration

- 1) List in order of priority your initial nursing actions identified for Eva Madison based on physical findings and family interaction.
 - Number One priority was to get her rehydrated with the fluids I had an order for
 - My second priority was to monitor her respiratory and cardiovascular status
 - My third priority was to get the samples I needed to have the physician rule out other diagnosis
 - My fourth priority was comfort and education of the child and the parent
- 2) What complications might Eva Madison face if her symptoms are not recognized and treated in a timely manner?
 - Her potassium and sodium levels were already borderline high and if dehydration would of continued, she is at risk for seizure and cardiac arrythmias
- 3) What measures should be initiated to decrease anxiety in Eva Madison's mother while simultaneously caring for Eva?
 - Factors that can help reduce anxiety in the mother would be to involve her in her daughter's care by asking questions, explaining, and educating her on what you are doing step by step, and letting her comfort her daughter during any assessments / procedures
- 4) Reflecting on Eva Madison's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?
 - I think because of the simulated environment and the limited options I got nervous and did a lot of things out of order, next time I would like to be able to organize and follow through with my steps better
- 5) Describe how you would apply the knowledge and skills you obtained in Eva Madison's case to an actual patient care situation.
 - The biggest thing for me is I am not used to working with children so for one being able to communicate with them in one way versus having to communicate with the parents simultaneously while trying to assess and work on the child is something I can always work towards sharpening my skills at.