

Signs & Symptoms
feeling hot, hiccups or faint
difficulty breathing
wheezing
tachycardia
↓ O₂ sat
clammy skin/pale
↓ LOC

Pathophysiology
systemic hypersensitivity reaction that is a rapid onset and characterized by life-threatening airway, breathing, and/or circulatory problems, and that is usually associated with skin and mucousal changes

Diagnostics/Labs
ABGs
Chest X-ray
blood tests

Anaphylaxis

Treatment/Medication
epinephrine
IV antihistamines
albuterol
oxygenation
IV fluids normal saline

Nursing Interventions
monitor patient's airway
continuous pulse oximetry
assess vital signs q15mins
administer O₂ as directed
administer medications as ordered
HOB 30-45°

Patient Teaching
avoid exposure to allergens
keep epinephrine in backpack as well as emergency instructions
avoid eating foods with peanuts and give resources to educate mom on foods w/ peanuts

Other

Priority Nursing Diagnosis
ineffective breathing pattern