

## Jonathon Montgomery

### School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

I observed how involved student's like to be in their care, and how much their opinions can sway with an adult's input on their healthcare. Positive reinforcement goes a long way in helping a child take industry of their own health

2. How has your view of the school nurse role changed?

I realized the School nurse has a lot more hands on care that can directly affect a student's physical and mental wellbeing.

3. What surprised you about the school nurse experience?

How many students enjoyed their visit due to the positive environment cultivated by the School nurse that focused on the health of a student as a whole. Many students felt comfortable discussing all aspects of their life with the nurse, and this assisted her in assessing the best possible care.

4. What did you observe during your time there?

I observed lots of students needing meds and assessments when feeling sick, but most kids just needed time to sit and rest. The environment of her office offered a place for kids to decompress from stressors, and often manifestations of stress such as Nausea or a headache, relieved themselves after sitting and talking for a while.

5. How was your experience different from what you expected?

I expected the School Nurse to primarily only call parents and tell them when a student was feeling unwell, but she was very active in providing consistent care

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

Mental health was something I did not consider being a role of the school nurse. But my nurse discussed the need to be able to notice stressors that may contribute to physical health or sickness, and how it is often their job to consider how homelife affects a child. Several times she discussed the need to call CPS because of things she noticed and decided to push.

7. Please list two developmental stages related to the population that you observed.

A lot of kids were very into developing their own sense of industry, and liked to learn about every process, why it worked, and what it's importance was.  
(Erikson)

Another thing I noticed was that each kid would use their logic to try and classify each process of the nursing method in relation to their care (Piaget)