

## School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

I adore children even more than I did before. I would ask them questions about their conditions and they were able to give me plenty of details of what was going on and why they take the medications they take. I was super impressed by them.

2. How has your view of the school nurse role changed?

I didn't realize how much work goes into being a school nurse. The nurse was telling me what she does on a daily basis and it really surprised me because it was a lot! I thought the best part was seeing her relationship with the students and how comfortable they are around her.

3. What surprised you about the school nurse experience?

How busy we were surprised me a little bit. I was expecting just to see children come in with stomach aches or scrapes, I didn't even realize that there was way more to that, so I'm glad I got to see more than what I was expecting.

4. What did you observe during your time there?

I helped with nose bleeds, giving scheduled medications, covering their cuts from falling, and dealt with a diabetic student who was having trouble with his monitor. It had said it was a 42, but we did a fingerstick just to be sure, and it was actually at 395. He then showed me how to enter that in his monitor so that he could get an insulin bolus.

5. How was your experience different from what you expected?

My experience was better than I expected, especially since I wasn't sure how busy we were going to be. I wanted to get as much experience as possible. My favorite moment had to have been when a student came in to take her medication and when I asked what her name was, she was nervous to tell me because I was someone new to her. I told her a few things about myself to hopefully make her feel a bit more comfortable. After that, she stated, "Okay, I'm not nervous anymore!" then she told me her name.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

I felt comfortable in this area. Our biggest concern was seeing quite a bit of children with sore/red throats because strep is frequent right now.

I'm not sure if this is relevant to the question, but I found out that the district had eliminated the "puberty talk" and I was a little disappointed. I think that is super important to learn about as a child that's approaching the age where puberty is going to begin.

7. Please list two developmental stages related to the population that you observed.

Initiative vs guilt (Erikson) – intrusion: A student came with complaints of a sore throat, then he went on to tell me a 5 minute story of how his sore throat was making him nauseous and the story had no ending, which was funny to me, but very interesting to have witnessed.

Concrete operational period (Piaget) – classification & logic: A student explained his medication to me and why he takes it every day.