

Sydney Griggs

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### School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

The student population is extremely diverse. I got to see a few foreign exchange children as well as some hometown children. It is becoming more popular to have kids of all ethnicities and cultures which I love. They all have different beliefs so getting to see how to handle the situation and involve the parents was very interesting to me.

2. How has your view of the school nurse role changed?

Without the school nurse, the healthcare of children would solely rely on the faculty of the school. I grew up in a school that did not provide us with a school nurse but getting to see one in action was amazing! I think all schools should provide their children with a school nurse because of the great benefits they provide. Without one, I think there are risks and I just love the idea of having a trained healthcare professional on campus.

3. What surprised you about the school nurse experience?

I just love how involved the nurse was with the children and their parents. The parents and kids would stop by, say hello, and pick up their medications. I love how trusting they were of Miss Jill and the care she provides for their children.

4. What did you observe during your time there?

I got to see Miss Jill administer ear drops to a child with an ear infection but unfortunately, we had to send the child home because they had a fever. I got to see the checkout process and the process of how the children are sent home. It was not a very busy day but we did give some ADHD medications to the kids that had a prescription for them.

5. How was your experience different from what you expected?

I expected it to be a lot more fast paced. It was very slow and a calm setting compared to the hospital setting that I am used to. I asked Miss Jill if I could come shadow her again to get another day in the school nurse setting so I plan to do that soon.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

ADHD is extremely high and diabetes is lower than I thought. We took care of more children with ADHD than we did anything else. Many kids this age is tired due to lack of sleep especially after the snow day we had this week. We saw lots of ear infections and tummy aches during my time at the school. I had this perception that all kids get sent

home if they feel sick but my nurse kept kids in school unless a fever or body aches were present.

7. Please list two developmental stages related to the population that you observed.

Fear of body mutilation from Piaget's preoperational period. I saw a child today that said "no shots" over and over again because he was so scared of fear of body mutilation. I have never seen something like that.

Ritualism: A patient's parent would put 3 drops of her meds in her ear and then insert a cotton ball to "dry it out". When the PT came into the office, she was adamant that we HAD to put 3 drops and put a cotton ball in her ear because that is what mommy does.