

## School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

My view has not changed in regards to the student population, however I was surprised by the amount of students who have to take ADHD medication.

2. How has your view of the school nurse role changed?

Yes, I had a naïve understanding that school nurses were LVNS and I realized I was incorrect. The school nurse today was a Nurse Practitioner which was a surprise, when I think nurse practitioner I picture them in a hospital setting. This was new and interesting knowledge.

3. What surprised you about the school nurse experience?

My nurse had a student today with spina bifida who has to have a straight cath 3 times a day, I didn't know that could be done in a school setting.

4. What did you observe during your time there?

I observed the school nurse administering scheduled medication, as well as a little girl who got sick while in class come in as well as a little boy who was hit in the head during PE come in for some ice.

5. How was your experience different from what you expected?

I thought the experience would be uneventful, but I was able to meet a range of students with various conditions. These children were resilient and did not let their conditions stop them from school, having fun, and being children.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

The amount of children who are required to take ADHD medications daily as well as diabetic children. A big population I never considered too seriously although I grew up with this condition was Asthma. I did not realize the amount of care that goes into making sure children who need daily nebulizers and inhalers receive their daily dosage. In Lubbock Texas some of their symptoms are exacerbated by the wind and dirt making it harder for some children to play during recess, perform during PE, or even just walking into school in the morning.

7. Please list two developmental stages related to the population that you observed.

I observed Piaget's pre-operational stage in pre school and school aged children as well as concrete operational in school aged children.