

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

- My view of the student population changed after my experience at Heritage Middle School, because I realized how more children utilize school nurses than I would have thought. I never really went to the nurse when I was in school, but many kids have to come visit to take medications for certain conditions such as diabetes and asthma.

2. How has your view of the school nurse role changed?

- My view of the school nurse changed in the way that I realized she is a person of comfort for many of the students. The students all seemed to feel safe and comfortable to go to her for their needs, even if it was something small as to spilling something in their clothes, she made them feel better emotionally as well as physically.

3. What surprised you about the school nurse experience?

- It surprised me that children utilize the school nurse often and create a bond with the nurse as it is always the same nurse that is working. I did not know that at schools there is only one nurse, and I think that is beneficial for students to feel safe and comfortable, especially children that have to visit the nurse often for certain medical conditions.

4. What did you observe during your time there?

- I observed children coming into the nurse that needed a change of clothes because they spilled something on their clothes, a child that had a runny nose and a fever, and a child coming in with a stomachache and we assessed her and took her temperature. I also saw the medications children come to get later in the day but was not there when they came to get it.

5. How was your experience different from what you expected?

- My experience was different than I expected because it was a very safe space and I remember being afraid of going to the nurse as a child. All the faculty and children know the nurse and feel supported and comforted by her.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

- I did not directly see any children with asthma and diabetes in the room, but the nurse was telling me how prevalent these conditions are and that many times she has the children visit her to give their medications.

7. Please list two developmental stages related to the population that you observed.

- I was at Heritage Middle School, these children related to Kohlberg's "good boy-nice girl" orientation of moral development and Erikson's stage of identity versus role confusion.