

Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

Opening Questions

How did the scenario make you feel? **I felt a little confident because I know a little about asthma and what my pt may present when having sob.**

Scenario Analysis Questions*

PCC What assessment findings would indicate that the patient's condition is worsening? **Labs such as ABGs, and appearance of my pt. Also if my pt was not able to speak or any of the interventions stop to work.**

PCC When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities? **Airway (check for obstruction) assess what happened, baseline vitals.**

PCC/I Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process. **I did not see any lab results for Hoffman. I know that Hoffman was working hard to breathe.**

Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing? **Keeping my patient calm, teach my patient and talk step by step what I am doing and what I am going to do to help them.**

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma? **What to do when an attack comes back and to make sure they have the medication they need.**

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack? **I would want my patient to know their triggers and make sure they always have their medication on hand in case of a crisis.**

What resources would you recommend for the patient experiencing asthma? **pulmonologist**
What is the importance of the asthma action plan in managing the care of a patient with asthma? **Decreasing Anxiety – anxiety will increase my pt respiratory and that would not be helpful.**

What would you do differently if you were to repeat this scenario? How would your patient care change? **I would place an ecg monitor on them I think this would help me see if her anxiety is effecting her heart.**

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>